

South East Wales Regional Championships - 02/02/2018 to 11/02/2018

Results

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Championship: 39.08 R 01/02/2016 Arwen Stephens

Name	AgeTeam	Finals Time
Finals		
1 Salmon, Gwen	11 Rct Squad	40.86
2 Millar, Connie	11 Co Cardiff	42.62
3 Davis, Freya	11 Rct Squad	42.72
4 Fox, Honor	11 Co Cardiff	44.29
5 Elias, Anya	11 Co Cardiff	45.23
6 Nock, Emma	11 Monnow	46.85
7 Briggs, Bailey	11 Heads Valley	47.15
8 Barr, Angharad	11 Caerphilly	48.84

Event 35 Girls 11 Year Olds 50 SC Meter Breaststroke

Championship: 39.08 R 01/02/2016 Arwen Stephens

Name	AgeTeam	Prelim Time
Preliminaries		
1 Salmon, Gwen	11 Rct Squad	42.40
2 Millar, Connie	11 Co Cardiff	43.65
3 Davis, Freya	11 Rct Squad	43.81
4 Elias, Anya	11 Co Cardiff	44.38
5 Fox, Honor	11 Co Cardiff	45.18
6 Briggs, Bailey	11 Heads Valley	46.67
7 Nock, Emma	11 Monnow	47.64
8 Barr, Angharad	11 Caerphilly	49.76
9 Walker, Emily	11 Co Newport	52.16

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Championship: 37.03 R 06/02/2017 Arwen Stephens

Name	AgeTeam	Finals Time
Finals		
1 Williams-Jones, Phoebe	12 Co Cardiff	37.50
2 Brassington, Sophie	12 Co Cardiff	38.43
3 Iles, Georgia	12 Co Cardiff	39.22
4 Johnsey, Lily	12 Co Cardiff	41.82
5 Velasco, Mikayla	12 Co Cardiff	42.29
6 Chayka, Sofia	12 Bridgend Cty	43.67
7 Stevens, Ruby	12 Co Cardiff	44.40
8 Beach, Dion	12 Rhondda	44.59

Event 35 Girls 12 Year Olds 50 SC Meter Breaststroke

Championship: 37.03 R 06/02/2017 Arwen Stephens

Name	AgeTeam	Prelim Time
Preliminaries		
1 Williams-Jones, Phoebe	12 Co Cardiff	38.20
2 Iles, Georgia	12 Co Cardiff	38.94
3 Brassington, Sophie	12 Co Cardiff	39.09
4 Johnsey, Lily	12 Co Cardiff	41.81
5 Velasco, Mikayla	12 Co Cardiff	41.99
6 Stevens, Ruby	12 Co Cardiff	44.57
7 Chayka, Sofia	12 Bridgend Cty	45.01
8 Beach, Dion	12 Rhondda	45.05
9 White, Seren	12 Rct Squad	45.68
10 Bound, Caitlin	12 Heads Valley	46.12
11 Pritchard, Mia	12 Co Cardiff	46.30
12 Blake, Ffion	12 Co Cardiff	46.53

13 Griffiths-Cole, Carys	12 Bridgend Cty	46.80
14 Trenchard, Lowri	12 Co Newport	47.10
15 Brassington, Lucy	12 Heads Valley	47.58
16 Adams, Jaimee	12 Co Cardiff	48.34
17 Williams, Mali	12 Rct Squad	50.31
--- Edwards, Georgina	12 Abertillery	DQ
4.4 Start before starting signal		

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke

Championship: 37.47 R 06/02/2017 Becci De Torres

Name	AgeTeam	Finals Time
Finals		
1 Stephens, Arwen	13 Co Cardiff	36.58R
2 Donovan, Kelsey	13 Co Cardiff	38.06
3 Fox, Imo	13 Co Cardiff	39.03
4 Walker, Eleanor	13 Co Newport	39.74
5 Simmons, Beth	13 Co Newport	39.99
6 Harris, Sophie	13 Co Newport	40.22
7 Davies-Amos, Angelica	13 Bridgend Cty	40.36
8 Graville, Carys	13 Co Cardiff	41.47

Event 35 Girls 13 Year Olds 50 SC Meter Breaststroke

Championship: 37.47 R 06/02/2017 Becci De Torres

Name	AgeTeam	Prelim Time
Preliminaries		
1 Stephens, Arwen	13 Co Cardiff	36.58R
2 Donovan, Kelsey	13 Co Cardiff	38.47
3 Fox, Imo	13 Co Cardiff	39.19
4 Walker, Eleanor	13 Co Newport	39.76
5 Davies-Amos, Angelica	13 Bridgend Cty	40.17
6 Simmons, Beth	13 Co Newport	40.31
7 Graville, Carys	13 Co Cardiff	40.61
8 Harris, Sophie	13 Co Newport	40.96
9 Faulkner, Marie	13 Co Cardiff	41.27
10 Hickman, Eve	13 Bridgend Cty	41.57
11 Davies, Abi	13 Bridgend Cty	42.17
12 Morgan, Hannah	13 Co Cardiff	42.76
13 Jones, Emilia	13 Bridgend Cty	43.02
14 O'Callaghan, Faye	13 Co Cardiff	43.19
15 Wood-Jones, Seren	13 Rhondda	43.36
16 Preece, Katie	13 Co Newport	43.41
17 Nowell, Gabriella	13 Torfaen D	43.47
18 Pike, Aneirwen	13 Pontypridd	43.93
19 Marshall, Polly	13 Caerphilly	43.94
20 Price, Summer	13 Heads Valley	44.20
21 Bowen, Eve	13 Co Newport	44.23
22 Bigham, Lily	13 Co Newport	44.24
23 Cribb, Millie	13 Caerphilly	45.14
24 Ramsey, Rebekah	13 Heads Valley	45.90
25 Osmond, Frances	13 Brecon	49.35

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke

Championship: 1:07.67 R 01/02/2016 Holly Evans

Name	AgeTeam	Finals Time
Finals		
1 De Torres, Becci	14 Co Cardiff	1:06.13R
31.82	34.31	

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Finals ... (Event 36 Girls 14 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
2 Lovell, Madison	14	Heads Valley	1:09.69
	33.76	35.93	
3 Marchant, Rhiannon	14	Rct Squad	1:10.56
	33.45	37.11	
4 Domican, Rosie	14	Co Cardiff	1:11.22
	34.43	36.79	
5 Corderoy, Abigail	14	Rct Squad	1:11.39
	34.05	37.34	
6 Evans, Emma	14	Co Cardiff	1:11.92
	34.74	37.18	
7 Bamborough, Katie	14	Co Cardiff	1:11.98
	35.21	36.77	
8 O'Callaghan, Jennifer	14	Co Cardiff	1:12.93
	35.55	37.38	

Event 36 Girls 14 Year Olds 100 SC Meter Backstroke

Championship: 1:07.67 R 01/02/2016 Holly Evans

Name	Age	Team	Prelim Time
Preliminaries			
1 De Torres, Becci	14	Co Cardiff	1:06.48R
	32.07	34.41	
2 Corderoy, Abigail	14	Rct Squad	1:11.12
	34.39	36.73	
3 Lovell, Madison	14	Heads Valley	1:11.17
	34.58	36.59	
4 Domican, Rosie	14	Co Cardiff	1:11.54
	33.86	37.68	
5 Marchant, Rhiannon	14	Rct Squad	1:11.80
	34.57	37.23	
6 Bamborough, Katie	14	Co Cardiff	1:12.37
	35.88	36.49	
7 Evans, Emma	14	Co Cardiff	1:12.73
	35.67	37.06	
8 O'Callaghan, Jennifer	14	Co Cardiff	1:12.81
	35.26	37.55	
9 Girling, Grace	14	Co Cardiff	1:13.13
	35.52	37.61	
10 Tarpey, Aoife	14	Bridgend Cty	1:14.42
	35.98	38.44	
11 Ward, Ellie	14	Co Newport	1:14.54
	35.87	38.67	
12 Whitelock, Carys	14	Torfaen D	1:15.05
	36.36	38.69	
13 Hurcombe, Eve	14	Torfaen D	1:15.15
	36.83	38.32	
14 Smith, Mia	14	Torfaen D	1:16.04
	36.69	39.35	
15 Brassington, Isabel	14	Co Cardiff	1:16.73
	37.79	38.94	
16 Davies, Tegan	14	Bridgend Cty	1:17.31
	37.85	39.46	
17 Thomas, Ashley	14	Rct Squad	1:18.53
	37.27	41.26	
18 Bond, Sasha	14	Rct Squad	1:18.96
	38.11	40.85	

19 Clemett, Evie	14	Bridgend Cty	1:20.23
	39.66	40.57	
20 Morgan, Bethan	14	Bridgend Cty	1:21.43
	39.66	41.77	
21 Stork, Niamh	14	Co Cardiff	1:21.46
	40.87	40.59	
22 Thomas, Nell	14	Rct Squad	1:22.15
	39.56	42.59	
23 Hembrow, Courtney	14	Bridgend Cty	1:23.58
	41.11	42.47	
24 Date, Alana	14	Co Cardiff	1:26.60
	42.09	44.51	

Event 36 Girls 15-16 100 SC Meter Backstroke

Championship: 1:02.65 R 01/02/2016 Rebecca Sutton

Name	Age	Team	Finals Time
Finals			
1 Mason, Teoni	16	Torfaen D	1:07.24
	32.91	34.33	
2 Cottrell, Emma	15	Co Cardiff	1:07.64
	32.85	34.79	
3 Withers-Boalch, Georgina	15	Co Cardiff	1:08.25
	33.44	34.81	
4 Davidson, Hannah	15	Bridgend Cty	1:08.62
	33.28	35.34	
5 Witchell, Bethan	15	Co Cardiff	1:09.35
	33.92	35.43	
6 Snow, Sophie	16	Co Cardiff	1:09.87
	34.40	35.47	
7 Horton, Ellana	16	Co Newport	1:10.56
	34.25	36.31	
8 Rutter, Jessica	16	Co Cardiff	1:12.80
	35.33	37.47	

Event 36 Girls 15-16 100 SC Meter Backstroke

Championship: 1:02.65 R 01/02/2016 Rebecca Sutton

Name	Age	Team	Prelim Time
Preliminaries			
1 Mason, Teoni	16	Torfaen D	1:08.15
	33.15	35.00	
2 Cottrell, Emma	15	Co Cardiff	1:08.22
	32.82	35.40	
3 Davidson, Hannah	15	Bridgend Cty	1:08.26
	32.39	35.87	
4 Withers-Boalch, Georgina	15	Co Cardiff	1:08.74
	34.02	34.72	
5 Horton, Ellana	16	Co Newport	1:09.83
	34.15	35.68	
6 Snow, Sophie	16	Co Cardiff	1:09.98
	34.49	35.49	
7 Rutter, Jessica	16	Co Cardiff	1:10.38
	33.97	36.41	
8 Witchell, Bethan	15	Co Cardiff	1:11.39
	34.93	36.46	
9 Morgan, Sophie	16	Rct Squad	1:12.35
	35.10	37.25	
10 Havard, Carys	15	Heads Valley	1:12.70
	35.47	37.23	

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Preliminaries ... (Event 36 Girls 15-16 100 SC Meter Backstroke)

Name	Age	Team	Time
11 Freegard, Aimee	16	Rct Squad	1:12.95
35.74	37.21		
12 Addecott, Ffion	16	Rct Squad	1:13.50
35.45	38.05		
13 Norris, Alyssa	15	Caerphilly	1:14.01
36.12	37.89		
14 Arch, Mared	16	Co Cardiff	1:14.93
36.37	38.56		
15 Phillips, Ella	15	Co Cardiff	1:15.70
36.88	38.82		
16 Davies, Lois	15	Bridgend Cty	1:15.94
36.40	39.54		
17 Cox, Emily	15	Bridgend Cty	1:16.23
37.48	38.75		
18 Lewis, Helen	16	Merthyr Tydf	1:16.70
37.00	39.70		
19 Watkins, Sadie	15	Rct Squad	1:16.79
37.80	38.99		
20 Davies, Cora	15	Rct Squad	1:18.33
38.11	40.22		
21 Napper, Kaycee	15	Rhondda	1:18.67
37.57	41.10		
22 Collins, Amy	15	Co Cardiff	1:18.95
38.12	40.83		
23 Griffith, Lili	15	Rct Squad	1:19.62
38.49	41.13		
24 Harris-Thomas, Elle	16	Torfaen D	1:19.95
38.46	41.49		
25 Lord, Gwenllian	16	Co Cardiff	1:20.97
40.16	40.81		
26 Oliver, Ruth	16	Co Cardiff	1:23.23
40.11	43.12		
27 Cates, Mia	15	Merthyr Tydf	1:23.34
41.41	41.93		
28 Vaisey, Cerys	15	Abertillery	1:25.44
40.96	44.48		
--- Breheny, Leonora	15	Bridgend Cty	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
40.20	43.94		

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Championship: 1:03.20 R 01/02/2016 Erin Bryce

Name	Age	Team	Finals Time
1 Sutton, Rebecca	17	Co Cardiff	1:03.07R
31.10	31.97		
2 Hunt, Imogen	20	Bridgend Cty	1:04.02
31.34	32.68		
3 Sutton, Emma	19	Rct Squad	1:04.09
31.42	32.67		
4 Rees, Katie	20	Co Cardiff	1:05.45
32.32	33.13		
5 Warrender, Meggan	17	Torfaen D	1:07.64
32.61	35.03		

6 Jones, Georgia	18	Chepstow	1:09.60
33.57	36.03		
7 Randell, Niamh	17	Rct Squad	1:09.93
34.43	35.50		
8 Maiden, Mya	17	Bridgend Cty	1:11.29
34.27	37.02		

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Championship: 1:03.20 R 01/02/2016 Erin Bryce

Name	Age	Team	Prelim Time
Preliminaries			
1 Hunt, Imogen	20	Bridgend Cty	1:04.47
31.38	33.09		
2 Sutton, Rebecca	17	Co Cardiff	1:04.75
31.59	33.16		
3 Sutton, Emma	19	Rct Squad	1:05.12
31.27	33.85		
4 Rees, Katie	20	Co Cardiff	1:05.26
31.77	33.49		
5 Warrender, Meggan	17	Torfaen D	1:07.93
32.94	34.99		
6 Randell, Niamh	17	Rct Squad	1:10.32
34.18	36.14		
7 Jones, Georgia	18	Chepstow	1:10.40
33.82	36.58		
8 Maiden, Mya	17	Bridgend Cty	1:11.11
33.89	37.22		
9 Thomas, Niamh	17	Heads Valley	1:12.28
35.04	37.24		
10 Rowles, Freya	17	Torfaen D	1:18.07
37.81	40.26		
11 Cameron, Katie	18	Monnow	1:18.43
37.91	40.52		

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Championship: 1:03.59 R 01/02/2016 Benjamin Chooyin

Name	Age	Team	Finals Time
Finals			
1 Edwards, Kaden	14	Co Cardiff	1:05.38
30.43	34.95		
2 Wisden, Dylan	14	Bridgend Cty	1:08.40
31.52	36.88		
3 Hastings, Benjamin	14	Co Newport	1:13.31
33.78	39.53		

Event 37 Boys 14 Year Olds 100 SC Meter Butterfly

Championship: 1:03.59 R 01/02/2016 Benjamin Chooyin

Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Kaden	14	Co Cardiff	1:06.09
30.27	35.82		
2 Wisden, Dylan	14	Bridgend Cty	1:08.41
31.36	37.05		
3 Hastings, Benjamin	14	Co Newport	1:13.18
33.81	39.37		
4 Havard, Dylan	14	Heads Valley	1:24.96
39.19	45.77		

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Event 37 Boys 15-16 100 SC Meter Butterfly

Championship: 59.52 R 06/02/2017 Owen Richards

Name	Age	Team	Finals Time
Finals			
1 Chooyin, Benjamin	16	Co Cardiff	58.48R
	27.85	30.63	
2 Murray, Adam	15	Co Cardiff	1:01.15
	28.84	32.31	
3 Griffiths, Alex	15	Co Newport	1:01.83
	28.73	33.10	
4 Langdon, Ben	15	Co Newport	1:03.63
	29.58	34.05	
5 Garland, Kieran	16	Rct Squad	1:03.83
	30.14	33.69	
6 Cousins, Jacob	16	Rct Squad	1:04.06
	30.23	33.83	
7 Knight, Jack	15	Co Newport	1:04.71
	29.67	35.04	
8 Leach, Owen	15	Bridgend Cty	1:05.78
	30.97	34.81	

Event 37 Boys 15-16 100 SC Meter Butterfly

Championship: 59.52 R 06/02/2017 Owen Richards

Name	Age	Team	Prelim Time
Preliminaries			
1 Chooyin, Benjamin	16	Co Cardiff	58.31R
	27.28	31.03	
2 Griffiths, Alex	15	Co Newport	1:01.18
	28.06	33.12	
3 Langdon, Ben	15	Co Newport	1:03.14
	29.53	33.61	
4 Cousins, Jacob	16	Rct Squad	1:03.56
	30.01	33.55	
5 Garland, Kieran	16	Rct Squad	1:03.60
	29.94	33.66	
6 Murray, Adam	15	Co Cardiff	1:04.12
	30.25	33.87	
7 Knight, Jack	15	Co Newport	1:04.43
	29.78	34.65	
8 Leach, Owen	15	Bridgend Cty	1:05.63
	30.72	34.91	
9 Pycroft, Christian	15	Co Cardiff	1:05.83
	30.10	35.73	
10 Gibbs, Morgan	16	Bridgend Cty	1:06.03
	30.70	35.33	
11 Selby, Morgan	15	Rct Squad	1:06.81
	31.59	35.22	
12 Collins, Tyler	15	Rct Squad	1:09.31
	31.93	37.38	
13 Steven, Ryan	16	Co Newport	1:09.45
	32.18	37.27	
14 Wood-Jones, Jac	15	Rhondda	1:10.66
	32.66	38.00	
15 Jenkins, Ellis	16	Rct Squad	1:12.76
	33.50	39.26	

16 Wojcik, Szymon	16	Bridgend Cty	1:13.07
	33.10	39.97	
--- Clarke, Kameron	16	Co Cardiff	DQ
4.4 Start before starting signal			
	30.29	36.26	

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Championship: 58.67 R 01/02/2016 Zayd Abdulmajed

Name	Age	Team	Finals Time
Finals			
1 Richards, Owen	17	Torfaen D	58.74
	27.89	30.85	
2 Cook, Jacob	18	Co Cardiff	58.75
	27.36	31.39	
3 Baker, Luke	17	Torfaen D	1:00.10
	27.34	32.76	
4 Dickson-Jardine, Ben	18	Bridgend Cty	1:02.49
	28.26	34.23	
5 Price, Dafydd	18	Torfaen D	1:04.88
	29.59	35.29	
6 Thomas, Lewis	18	Rct Squad	1:05.31
	30.04	35.27	
7 Rees, Brandon	17	Rhondda	1:05.53
	30.11	35.42	
8 Williams, Elliot	17	Pontypridd	1:11.02
	32.39	38.63	

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Championship: 58.67 R 01/02/2016 Zayd Abdulmajed

Name	Age	Team	Prelim Time
Preliminaries			
1 Richards, Owen	17	Torfaen D	59.31
	28.07	31.24	
2 Baker, Luke	17	Torfaen D	1:00.53
	27.85	32.68	
3 Cook, Jacob	18	Co Cardiff	1:00.70
	28.54	32.16	
4 Dickson-Jardine, Ben	18	Bridgend Cty	1:03.28
	28.38	34.90	
5 Price, Dafydd	18	Torfaen D	1:04.51
	29.24	35.27	
6 Rees, Brandon	17	Rhondda	1:04.63
	30.30	34.33	
7 Thomas, Lewis	18	Rct Squad	1:05.95
	29.96	35.99	
8 Pryse, Elis	18	Rct Squad	1:08.67
	31.22	37.45	
9 Williams, Elliot	17	Pontypridd	1:09.10
	32.72	36.38	
10 Clegg, Sam	17	Brecon	1:18.20
	34.21	43.99	

Event 38 Girls 11 Year Olds 400 SC Meter Freestyle

Championship: 5:10.50 R 01/02/2016 Arwen Stephens

Name	Age	Team	Finals Time
1 Millar, Connie	11	Co Cardiff	5:09.33R
	35.26	39.14	39.97 40.22
	39.46	39.67	39.23 36.38

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(Event 38 Girls 11 Year Olds 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
2 Croke, Carys	11	Torfaen D	5:15.14	
	34.98	39.12	40.34	40.50
	40.61	40.45	40.64	38.50
3 Briggs, Bailey	11	Heads Valley	6:09.69	
	42.41	46.34	47.83	47.56
	46.92	47.07	46.88	44.68
4 Williams, Carys	11	Merthyr Tydf	6:20.39	
	43.32	49.81	48.51	48.65
	48.91	48.80	47.84	44.55
5 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	6:21.82	
	41.04	48.03	48.45	49.20
	49.85	50.10	48.79	46.36

Event 38 Girls 12 Year Olds 400 SC Meter Freestyle

Championship: 4:40.44 R 06/02/2017 Cerys Rosser

Name	Age	Team	Finals Time	
1 Broder, Libby	12	Torfaen D	5:01.52	
	32.65	36.94	38.41	39.01
	39.02	39.15	39.37	36.97
2 Stevens, Ruby	12	Co Cardiff	5:09.98	
	35.87	39.35	39.73	39.72
	39.40	39.68	39.13	37.10
3 Velasco, Mikayla	12	Co Cardiff	5:20.66	
	35.88	39.84	41.44	41.56
	40.65	40.90	41.41	38.98
4 Williams, Lily	12	Co Cardiff	5:27.50	
	38.09	42.52	42.96	42.53
	42.19	40.87	38.90	39.44
5 Iles, Georgia	12	Co Cardiff	5:28.60	
	36.93	41.25	41.92	41.97
	42.18	42.48	42.19	39.68
6 Adams, Jaimee	12	Co Cardiff	5:38.75	
	39.74	43.15	44.15	43.78
	43.05	43.53	42.45	38.90
7 Davies, Cerys	12	Rct Squad	5:40.54	
	36.98	41.48	44.00	44.84
	44.93	44.29	42.88	41.14
8 Pritchard, Mia	12	Co Cardiff	5:40.96	
	39.38	43.10	44.28	43.88
	44.34	43.74	42.70	39.54
9 Davies, Ffion	12	Rct Squad	5:49.28	
	38.00	41.66	44.09	44.42
	45.21	45.23	45.75	44.92
10 Badman, Phoebe	12	Rct Squad	5:51.27	
	38.53	43.93	43.37	46.44
	46.61	46.84	43.56	41.99
11 Manley, Olivia	12	Co Cardiff	6:06.19	
	38.82	45.33	46.67	47.12
	46.70	48.89	47.98	44.68

Event 38 Girls 13 Year Olds 400 SC Meter Freestyle

Championship: 4:40.13 R 02/02/2016 Emily Morris

Name	Age	Team	Finals Time	
1 Rosser, Cerys	13	Torfaen D	4:42.05	
	31.67	34.62	36.05	36.23
	36.34	36.75	35.93	34.46

2 Erasmus, Charlotte	13	Torfaen D	4:50.60	
	33.32	34.92	35.86	37.04
	37.17	37.53	37.90	36.86
3 Fox, Imo	13	Co Cardiff	4:53.61	
	34.12	36.41	36.99	37.96
	37.34	37.24	36.86	36.69
4 Marshall, Polly	13	Caerphilly	4:58.03	
	33.70	37.05	38.20	38.05
	38.91	38.37	37.71	36.04
5 Donovan, Kelsey	13	Co Cardiff	4:59.27	
	33.74	36.95	38.23	38.84
	38.45	38.25	38.31	36.50
6 Davies, Abi	13	Bridgend Cty	5:00.10	
	33.90	37.02	38.34	39.12
	38.33	39.03	38.68	35.68
7 Faulkner, Marie	13	Co Cardiff	5:07.56	
	34.45	37.41	39.41	39.41
	39.87	39.63	39.24	38.14
8 Graville, Carys	13	Co Cardiff	5:11.34	
	35.76	40.17	40.64	40.29
	40.36	39.49	38.74	35.89
9 Hickman, Eve	13	Bridgend Cty	5:11.69	
	34.20	39.24	39.73	39.51
	40.02	40.22	40.18	38.59
10 Jones, Cerys	13	Rct Squad	5:14.51	
	33.51	39.19	40.92	40.92
	40.67	40.86	40.72	37.72
11 O'Callaghan, Faye	13	Co Cardiff	5:17.92	
	35.00	39.50	41.09	40.81
	40.96	41.03	40.41	39.12
12 Grant, Eilidh	13	Co Cardiff	5:19.11	
	36.13	39.58	40.82	41.59
	41.01	41.06	39.93	38.99
13 Davies-Amos, Angelica	13	Bridgend Cty	5:19.14	
	34.94	40.74	40.99	41.01
	41.43	40.95	40.37	38.71
14 Morgan, Hannah	13	Co Cardiff	5:19.28	
	36.49	40.26	41.70	41.78
	41.38	40.81	39.84	37.02
15 Keigwin, Daisy	13	Caerphilly	5:19.38	
	36.18	40.28	40.46	40.40
	41.83	41.32	39.91	39.00
16 Jones, Chloe	13	Bridgend Cty	5:20.20	
	36.39	40.52	40.01	40.74
	40.91	40.65	41.34	39.64
17 Ramsey, Rebekah	13	Heads Valley	5:25.93	
	35.90	40.20	41.43	40.61
	41.96	42.43	41.96	41.44
18 Brind, Jessica	13	Co Cardiff	5:28.12	
	36.83	40.87	42.37	41.92
	41.83	42.79	42.28	39.23
19 Sargent, Elana	13	Caerphilly	5:40.84	
	36.89	40.55	43.14	43.47
	44.13	44.80	45.27	42.59
20 James, Ffion	13	Rct Squad	5:53.16	
	37.48	42.83	45.10	44.92
	45.61	46.81	46.00	44.41

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Event 39 Boys 11 Year Olds 200 SC Meter Breaststroke

Championship: 3:16.91 R 01/02/2016 Oliver Jones

Name	Age	Team	Finals Time
1 James, Ioan	11	Bridgend Cty	3:19.28
45.16	51.54	52.06	50.52
2 Sheppard, Rhydian	11	Co Cardiff	3:26.81
45.82	53.46	54.43	53.10
3 Morgan, Lewis	11	Bridgend Cty	3:39.45
48.67	55.25	57.55	57.98
4 Leach, Evan	11	Bridgend Cty	3:44.13
49.57	56.65	1:00.15	57.76
--- Rescigno, Alberto	11	Co Cardiff	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
48.20	55.41	56.32	55.54

Event 39 Boys 12 Year Olds 200 SC Meter Breaststroke

Championship: 3:13.31 R 06/02/2017 Harrison Coppen

Name	Age	Team	Finals Time
1 James, Tristyn	12	Bridgend Cty	2:54.83R
39.44	44.90	46.06	44.43
2 Jones, Carwyn	12	Co Cardiff	3:00.52R
41.10	46.66	48.20	44.56
3 Steven, Adam	12	Co Newport	3:08.40R
42.27	48.40	49.44	48.29
4 Lee, Tristan	12	Rhondda	3:15.31
43.57	49.79	50.35	51.60
5 Fowler, Joseph	12	Rct Squad	3:24.61
45.56	52.07	52.98	54.00
6 Lawson, Reuben	12	Chepstow	3:27.03
45.58	52.73	54.62	54.10
7 McGuinness, Charlie	12	Torfaen D	3:32.90
48.31	56.44	54.90	53.25
--- Tucker, Lucas	12	Chepstow	DQ
4.4 Start before starting signal			
46.18	51.99	55.36	53.16

Event 39 Boys 13 Year Olds 200 SC Meter Breaststroke

Championship: 2:54.70 R 30/01/2016 Jensen Coppen

Name	Age	Team	Finals Time
1 Arch, Rhydian	13	Co Cardiff	2:51.16R
38.87	43.96	44.54	43.79
2 Geysen-Holley, Max	13	Bridgend Cty	3:01.56
39.82	45.51	47.65	48.58
3 Rosser, Dewi	13	Torfaen D	3:22.40
44.96	51.93	54.24	51.27
4 Burns, Harry	13	Co Cardiff	3:24.45
46.60	52.61	53.28	51.96

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Championship: 28.01 R 06/02/2017 Scarlet Major

Name	Age	Team	Finals Time
Finals			
1 De Torres, Becci	14	Co Cardiff	26.75R
2 Lovell, Madison	14	Heads Valley	28.46
3 Boswall, Saffron	14	Co Cardiff	29.02
4 Marchant, Rhiannon	14	Rct Squad	29.27
5 Domican, Rosie	14	Co Cardiff	29.29
6 Corderoy, Abigail	14	Rct Squad	29.30

7 Baker, Alyssa	14	Torfaen D	29.37
8 Girling, Grace	14	Co Cardiff	29.43

Event 40 Girls 14 Year Olds 50 SC Meter Freestyle

Championship: 28.01 R 06/02/2017 Scarlet Major

Name	Age	Team	Prelim Time
Preliminaries			
1 De Torres, Becci	14	Co Cardiff	26.89R
2 Boswall, Saffron	14	Co Cardiff	28.60
3 Lovell, Madison	14	Heads Valley	28.69
4 Marchant, Rhiannon	14	Rct Squad	28.91
5 Domican, Rosie	14	Co Cardiff	29.06
6 Baker, Alyssa	14	Torfaen D	29.34
7 Girling, Grace	14	Co Cardiff	29.43
8 Corderoy, Abigail	14	Rct Squad	29.44

9 Ward, Ellie	14	Co Newport	29.80
10 Jones, Seren	14	Co Cardiff	29.88
11 Morgan, Bethan	14	Bridgend Cty	29.94
12 Evans, Emma	14	Co Cardiff	29.97
13 Smith, Mia	14	Torfaen D	30.06
14 Bond, Sasha	14	Rct Squad	30.14
15 Morgan, Izzy	14	Co Cardiff	30.15
16 Whitelock, Carys	14	Torfaen D	30.53
17 Dallyn, Isobel	14	Chepstow	30.85
18 Bamborough, Katie	14	Co Cardiff	30.94
19 Thomas, Ashley	14	Rct Squad	30.99
20 Fernandez-John, Sofia	14	Caerphilly	31.08
21 Thomas, Nell	14	Rct Squad	31.27
22 Palmer, Meghan	14	Rhondda	31.69
23 Minas, Ella	14	Rct Squad	31.71
24 Brasington, Isabel	14	Heads Valley	32.09
25 George, Katherine	14	Co Cardiff	32.14
26 Frole, Megan	14	Bridgend Cty	32.22
27 Clemett, Evie	14	Bridgend Cty	32.36
28 Stork, Niamh	14	Co Cardiff	32.43
29 Davies, Lauren	14	Bridgend Cty	32.88
30 Date, Alana	14	Co Cardiff	33.03
31 Pryce, Ella	14	Co Cardiff	33.11
32 Strickland-Grant, Thea	14	Torfaen D	33.15
33 Davies, Tegan	14	Bridgend Cty	33.49
34 Jones, Olivia	14	Rhondda	34.48
35 Fry, Meghan	14	Brecon	34.60
36 Leconte, Seren	14	Rct Squad	34.62
37 Jones, Alicia	14	Monnow	34.92
38 Jones, Isabelle	14	Caerphilly	37.93

Event 40 Girls 15-16 50 SC Meter Freestyle

Championship: 26.37 R 01/02/2016 Annaliese Beynon

Name	Age	Team	Finals Time
Finals			
1 Linton, Sophie	15	Co Newport	27.74
2 Rutter, Jessica	16	Co Cardiff	28.13
3 Davidson, Hannah	15	Bridgend Cty	28.24
4 Cottrell, Emma	15	Co Cardiff	28.77
5 Witchell, Bethan	15	Co Cardiff	28.87
6 Childs, Laura	16	Co Cardiff	29.05
7 Norris, Alyssa	15	Caerphilly	29.21

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Finals ... (Event 40 Girls 15-16 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
8 Rees, Millie	16 Bridgend Cty	29.38

Event 40 Girls 15-16 50 SC Meter Freestyle

Championship: 26.37 R 01/02/2016 Annaliese Beynon

Name	AgeTeam	Prelim Time
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Preliminaries

1 Linton, Sophie	15 Co Newport	28.12
2 Davidson, Hannah	15 Bridgend Cty	28.19
3 Rutter, Jessica	16 Co Cardiff	28.20
4 Cottrell, Emma	15 Co Cardiff	29.01
5 Norris, Alyssa	15 Caerphilly	29.04
6 Witchell, Bethan	15 Co Cardiff	29.06
7 Childs, Laura	16 Co Cardiff	29.09
8 Rees, Millie	16 Bridgend Cty	29.11
9 Morgan, Sophie	16 Rct Squad	29.44
10 Evans, Penny	15 Rct Squad	29.48
11 Withers-Boalch, Georgina	15 Co Cardiff	29.56
12 Legg, Abbie	16 Caerphilly	29.66
13 Arch, Mared	16 Co Cardiff	29.92
14 Snow, Sophie	16 Co Cardiff	29.95
15 Mason, Teoni	16 Torfaen D	30.05
16 Cox, Emily	15 Bridgend Cty	30.10
17 Collins, Amy	15 Co Cardiff	30.20
*18 Freegard, Aimee	16 Rct Squad	30.90
*18 Jones, AJ	15 Bridgend Cty	30.90
20 Cope, Megan	16 Co Cardiff	30.92
21 Davies, Lois	15 Bridgend Cty	30.95
22 Thomas, Anya	16 Co Cardiff	31.09
23 Lewis, Helen	16 Merthyr Tydf	31.23
24 Havard, Carys	15 Heads Valley	31.45
25 McRae, Mair	16 Torfaen D	31.53
26 Harris-Thomas, Elle	16 Torfaen D	31.61
27 Jones, Cerys	15 Co Cardiff	31.91
28 Watkins, Sadie	15 Rct Squad	31.99
29 Nicholas, Catrin	15 Bridgend Cty	32.06
30 Willis, Laura	15 Monnow	32.23
31 Napper, Kaycee	15 Rhondda	32.24
32 Griffith, Lili	15 Rct Squad	32.38
33 Addecott, Ffion	16 Rct Squad	32.54
34 Vaisey, Cerys	15 Abertillery	32.63
35 Creasey, Lucy	16 Monnow	32.75
36 Phillips, Ella	15 Co Cardiff	32.80
37 Cope, Llinos	15 Co Cardiff	32.92
38 Walker, Caitlin	16 Co Cardiff	33.23
39 Davies, Cora	15 Rct Squad	33.29
40 Devonald-Jones, Ffion	16 Rct Squad	33.64
41 Dewar, Megan	16 Cwmbran	33.73
42 Lord, Gwenllian	16 Co Cardiff	34.09
43 Oliver, Ruth	16 Co Cardiff	34.46
44 Beynon, Lucy	15 Chepstow	36.01
45 Darwish, Anna	15 Co Newport	36.83

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Championship: 27.18 R 06/02/2017 Claudia Murray

Name	AgeTeam	Finals Time
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Finals

1 Sutton, Rebecca	17 Co Cardiff	26.79R
2 Watson, Freya	17 Heads Valley	27.93
3 Sutton, Emma	19 Rct Squad	28.44
4 English, Katie	17 Co Newport	28.57
5 Nelson, Bethan	17 Merthyr Tydf	28.85
6 Haeffner, Evie	17 Chepstow	29.64
7 Randell, Niamh	17 Rct Squad	29.65
8 Vaisey, Rhiannon	20 Abertillery	29.77

Event 40 Girls 17 & Over 50 SC Meter Freestyle

Championship: 27.18 R 06/02/2017 Claudia Murray

Name	AgeTeam	Prelim Time
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Preliminaries

1 Sutton, Rebecca	17 Co Cardiff	27.10R
2 Sutton, Emma	19 Rct Squad	27.88
3 Watson, Freya	17 Heads Valley	28.25
4 English, Katie	17 Co Newport	28.50
5 Nelson, Bethan	17 Merthyr Tydf	28.74
6 Vaisey, Rhiannon	20 Abertillery	29.17
7 Randell, Niamh	17 Rct Squad	29.24
8 Haeffner, Evie	17 Chepstow	29.44
9 Jones, Georgia	18 Chepstow	29.44
10 Collingbourne, Sioned	18 Heads Valley	29.66
11 Nicholas, Megan	18 Bridgend Cty	29.94
12 Cameron, Katie	18 Monnow	30.07
13 Matthews, Brody	20 Abertillery	30.24
14 Maiden, Mya	17 Bridgend Cty	30.80
15 Rowles, Freya	17 Torfaen D	31.88
16 Thomas, Chloe	20 Bridgend Cty	34.01
17 Bateman, Frances	37 Merthyr Tydf	34.96

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Championship: 34.06 R 01/02/2016 Theo Savva

Name	AgeTeam	Finals Time
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Finals

1 Allen-Ridge, Kasey	14 Abertillery	35.43
2 Clement, Logan	14 Rct Squad	37.17
3 Wisden, Dylan	14 Bridgend Cty	37.72
4 Tan, Nicholas	14 Pontypridd	38.86
5 Tong, Solomon	14 Co Cardiff	40.75
6 Elias, Hari	14 Co Cardiff	40.77

Event 41 Boys 14 Year Olds 50 SC Meter Breaststroke

Championship: 34.06 R 01/02/2016 Theo Savva

Name	AgeTeam	Prelim Time
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Preliminaries

1 Allen-Ridge, Kasey	14 Abertillery	35.56
2 Clement, Logan	14 Rct Squad	37.18
3 Wisden, Dylan	14 Bridgend Cty	37.88
4 Tan, Nicholas	14 Pontypridd	39.93
5 Elias, Hari	14 Co Cardiff	40.16
6 Tong, Solomon	14 Co Cardiff	41.22

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Event 41 Boys 15-16 50 SC Meter Breaststroke

Championship: 31.84 R 01/02/2016 Bradley Newman

Name	AgeTeam	Finals Time
Finals		
1 Coppen, Jensen	15 Co Newport	32.95
2 Clarke, Kameron	16 Co Cardiff	32.99
3 Salmon, Carwyn	15 Rct Squad	34.13
4 Davies, Joseph	16 Torfaen D	34.18
5 Pietruszka, Daniel	15 Co Cardiff	34.76
6 Savage-Taylor, Tomos	16 Heads Valley	35.17
7 Jones, Finlay	16 Rhondda	36.70
8 Yahiaoui, Yucuf	16 Co Cardiff	37.42

Event 41 Boys 15-16 50 SC Meter Breaststroke

Championship: 31.84 R 01/02/2016 Bradley Newman

Name	AgeTeam	Prelim Time
Preliminaries		
1 Coppen, Jensen	15 Co Newport	33.51
2 Davies, Joseph	16 Torfaen D	34.19
3 Salmon, Carwyn	15 Rct Squad	34.26
4 Pietruszka, Daniel	15 Co Cardiff	34.87
5 Savage-Taylor, Tomos	16 Heads Valley	35.27
6 Clarke, Kameron	16 Co Cardiff	35.81
*7 Yahiaoui, Yucuf	16 Co Cardiff	36.85
*7 Jones, Finlay	16 Rhondda	36.85
9 Fernandez-John, Jac	16 Caerphilly	37.29
10 Nixon, Rhys	15 Co Cardiff	37.94
11 Johnson, Finnley	15 Co Newport	38.29

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Championship: 29.65 R 01/02/2016 James Lewis

Name	AgeTeam	Finals Time
Finals		
1 Lewis, James	20 Co Cardiff	28.57R
2 Jones, Daniel	19 Torfaen D	30.59
3 Cook, Jacob	18 Co Cardiff	31.67
4 James, Rhys	18 Co Cardiff	32.69
5 Jones, Daniel	20 Co Cardiff	35.24
6 Clegg, Sam	17 Brecon	37.09
7 Williams, Elliot	17 Pontypridd	37.48
8 Thomas, Joshua	17 Merthyr Tydf	39.45

Event 41 Boys 17 & Over 50 SC Meter Breaststroke

Championship: 29.65 R 01/02/2016 James Lewis

Name	AgeTeam	Prelim Time
Preliminaries		
1 Lewis, James	20 Co Cardiff	28.61R
2 Cook, Jacob	18 Co Cardiff	32.44
3 James, Rhys	18 Co Cardiff	32.65
4 Jones, Daniel	19 Torfaen D	33.13
5 Jones, Daniel	20 Co Cardiff	34.67
6 Clegg, Sam	17 Brecon	37.06
7 Williams, Elliot	17 Pontypridd	38.04
8 Rees, Brandon	17 Rhondda	38.89
9 Thomas, Joshua	17 Merthyr Tydf	39.96

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Championship: 1:12.18 R 06/02/2017 Tristyn James

Name	AgeTeam	Finals Time
Finals		
1 Parsons, Joseph	11 Co Cardiff	1:17.68
37.62	40.06	
2 James, Ioan	11 Bridgend Cty	1:20.68
39.54	41.14	
3 Witchell, Rhys	11 Co Cardiff	1:24.03
41.36	42.67	
4 Southwood, Charlie	11 Torfaen D	1:26.20
42.61	43.59	
5 Rescigno, Alberto	11 Co Cardiff	1:30.98
44.73	46.25	
6 Morgan, Lewis	11 Bridgend Cty	1:31.73
44.65	47.08	
7 Leach, Evan	11 Bridgend Cty	1:33.13
45.58	47.55	

Event 42 Boys 11 Year Olds 100 SC Meter Backstroke

Championship: 1:12.18 R 06/02/2017 Tristyn James

Name	AgeTeam	Prelim Time
Preliminaries		
1 Parsons, Joseph	11 Co Cardiff	1:17.54
37.95	39.59	
2 James, Ioan	11 Bridgend Cty	1:21.07
38.91	42.16	
3 Southwood, Charlie	11 Torfaen D	1:25.75
41.84	43.91	
4 Witchell, Rhys	11 Co Cardiff	1:26.25
42.13	44.12	
5 Rescigno, Alberto	11 Co Cardiff	1:31.51
44.64	46.87	
6 Leach, Evan	11 Bridgend Cty	1:33.70
45.35	48.35	
7 Morgan, Lewis	11 Bridgend Cty	1:35.63
46.82	48.81	

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Championship: 1:13.96 R 06/02/2017 Ben Merriman

Name	AgeTeam	Finals Time
Finals		
1 James, Tristyn	12 Bridgend Cty	1:12.10R
35.28	36.82	
2 Jones, Carwyn	12 Co Cardiff	1:15.46
36.74	38.72	
3 Lee, Tristan	12 Rhondda	1:18.21
37.56	40.65	
4 Major, Sebastian	12 Co Newport	1:20.90
40.24	40.66	
5 Wardhaugh, Bryn	12 Co Cardiff	1:21.75
40.37	41.38	
6 Lee, Ethan	12 Rhondda	1:22.77
40.27	42.50	
7 John, Finlay	12 Rct Squad	1:24.56
40.97	43.59	

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Finals ... (Event 42 Boys 12 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
8 Tucker, Lucas	12	Chepstow	1:26.80
	42.42	44.38	

Event 42 Boys 12 Year Olds 100 SC Meter Backstroke

Championship: 1:13.96 R 06/02/2017 Ben Merriman

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Tristyn	12	Bridgend Cty	1:11.34R
	34.26	37.08	
2 Jones, Carwyn	12	Co Cardiff	1:15.97
	37.16	38.81	
3 Lee, Tristan	12	Rhondda	1:19.06
	38.11	40.95	
4 Major, Sebastian	12	Co Newport	1:20.94
	40.42	40.52	
5 Lee, Ethan	12	Rhondda	1:22.08
	40.21	41.87	
6 Wardhaugh, Bryn	12	Co Cardiff	1:24.28
	41.38	42.90	
7 John, Finlay	12	Rct Squad	1:25.37
	41.54	43.83	
8 Tucker, Lucas	12	Chepstow	1:26.64
	41.81	44.83	
9 Williams, Cai	12	Bridgend Cty	1:27.91
	42.40	45.51	
10 Jones, Rhys	12	Rct Squad	1:29.39
	44.70	44.69	
11 Price Davies, Owen	12	Brecon	1:31.06
	44.36	46.70	
12 Nash, Charlie	12	Rhondda	1:33.22
	44.90	48.32	

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Championship: 1:06.89 R 30/01/2016 Adam Murray

Name	Age	Team	Finals Time
Finals			
1 Merriman, Ben	13	Heads Valley	1:08.84
	33.29	35.55	
2 Hughes, Cian	13	Co Cardiff	1:11.08
	35.29	35.79	
3 Arch, Rhydian	13	Co Cardiff	1:12.43
	35.62	36.81	
4 Price, Samuel	13	Co Cardiff	1:13.05
	35.78	37.27	
5 Davies, Gruffydd	13	Co Cardiff	1:13.98
	36.31	37.67	
6 Geysen-Holley, Max	13	Bridgend Cty	1:14.33
	36.33	38.00	
7 Coulson, Evan	13	Torfaen D	1:14.40
	36.83	37.57	
8 James, Harley	13	Co Cardiff	1:15.07
	37.04	38.03	

Event 42 Boys 13 Year Olds 100 SC Meter Backstroke

Championship: 1:06.89 R 30/01/2016 Adam Murray

Name	Age	Team	Prelim Time
Preliminaries			
1 Merriman, Ben	13	Heads Valley	1:08.83
	33.59	35.24	
2 Hughes, Cian	13	Co Cardiff	1:11.59
	34.91	36.68	
3 Arch, Rhydian	13	Co Cardiff	1:12.72
	35.62	37.10	
4 Price, Samuel	13	Co Cardiff	1:13.56
	36.40	37.16	
5 Davies, Gruffydd	13	Co Cardiff	1:14.09
	36.38	37.71	
6 Coulson, Evan	13	Torfaen D	1:14.18
	36.26	37.92	
7 Geysen-Holley, Max	13	Bridgend Cty	1:14.82
	36.54	38.28	
8 James, Harley	13	Co Cardiff	1:16.32
	38.14	38.18	
9 Keenan, Brandon	13	Co Newport	1:18.76
	38.09	40.67	
10 Isaacs, Tomos	13	Rct Squad	1:18.98
	37.74	41.24	
11 Davies, Gianni	13	Co Newport	1:21.64
	37.76	43.88	
12 Ingram, James	13	Heads Valley	1:22.33
	39.28	43.05	

Event 43 Girls 14 Year Olds 200 SC Meter IM

Championship: 2:30.24 R 01/02/2016 Megan Allison

Name	Age	Team	Finals Time
1 De Torres, Becci	14	Co Cardiff	2:27.19R
	30.75	37.21	44.63 34.60
2 O'Callaghan, Jennifer	14	Co Cardiff	2:28.69R
	33.12	39.67	41.97 33.93
3 Ward, Ellie	14	Co Newport	2:35.28
	33.42	40.58	45.10 36.18
4 Lovell, Madison	14	Heads Valley	2:35.53
	32.55	39.25	48.65 35.08
5 Girling, Grace	14	Co Cardiff	2:36.30
	34.47	38.85	47.00 35.98
6 Jones, Seren	14	Co Cardiff	2:38.28
	36.43	42.09	43.45 36.31
7 Evans, Emma	14	Co Cardiff	2:38.92
	36.67	39.36	47.93 34.96
8 Bamborough, Katie	14	Co Cardiff	2:39.30
	37.61	38.58	48.03 35.08
9 Domican, Rosie	14	Co Cardiff	2:40.53
	37.10	40.47	46.76 36.20
10 Hurcombe, Eve	14	Torfaen D	2:40.74
	35.41	40.16	49.19 35.98
11 Smith, Mia	14	Torfaen D	2:41.18
	35.51	42.24	47.80 35.63
12 Corderoy, Abigail	14	Rct Squad	2:42.11
	35.76	39.67	49.68 37.00

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(Event 43 Girls 14 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
13 Morgan, Izzy	14	Co Cardiff	2:42.16
34.23	43.26	46.43	38.24
14 Brassington, Isabel	14	Co Cardiff	2:43.87
37.06	41.98	46.02	38.81
15 Tarpey, Aoife	14	Bridgend Cty	2:45.26
37.34	40.82	48.55	38.55
16 Bond, Sasha	14	Rct Squad	2:48.54
38.78	42.46	51.57	35.73
17 Thomas, Nell	14	Rct Squad	2:49.18
37.94	43.16	49.31	38.77
18 Morgan, Bethan	14	Bridgend Cty	2:49.59
35.96	43.91	51.58	38.14
19 Brasington, Isabel	14	Heads Valley	2:50.61
37.43	41.82	51.61	39.75
20 Minas, Ella	14	Rct Squad	2:51.59
35.77	44.70	52.67	38.45
21 Davies, Tegan	14	Bridgend Cty	2:53.50
39.39	42.13	52.87	39.11
22 Date, Alana	14	Co Cardiff	2:53.63
39.38	44.61	51.37	38.27
23 Hembrow, Courtney	14	Bridgend Cty	2:54.25
41.92	45.14	48.95	38.24
24 Stork, Niamh	14	Co Cardiff	2:55.33
44.26	42.87	48.81	39.39
25 Clemett, Evie	14	Bridgend Cty	2:56.07
38.58	43.89	55.90	37.70
26 Pryce, Ella	14	Co Cardiff	2:57.61
39.86	45.85	51.28	40.62
27 Fernandez-John, Sofia	14	Caerphilly	3:02.63
42.61	43.89	56.45	39.68
28 Froley, Megan	14	Bridgend Cty	3:03.72
39.02	48.32	54.84	41.54
29 Powell, Neve	14	Co Newport	3:08.15
42.27	47.76	54.70	43.42
--- Jones, Alicia	14	Monnow	x3:14.77
42.98	49.57	58.39	43.83
--- Jones, Isabelle	14	Caerphilly	x3:20.51
51.95	46.32	57.29	44.95
--- Marchant, Rhiannon	14	Rct Squad	DQ
7.1 After the start or after each turn single butterfly kick not performed before			
35.96	40.05	48.95	37.25

Event 43 Girls 15-16 200 SC Meter IM

Championship: 2:17.51 R 06/02/2017 Rebecca Sutton

Name	Age	Team	Finals Time
1 Davidson, Hannah	15	Bridgend Cty	2:32.00
32.97	38.50	45.91	34.62
2 Linton, Sophie	15	Co Newport	2:32.55
32.80	39.01	46.23	34.51
3 Arch, Mared	16	Co Cardiff	2:33.67
34.32	39.22	45.87	34.26
4 Rees, Millie	16	Bridgend Cty	2:33.92
31.12	38.16	48.04	36.60
5 Evans, Penny	15	Rct Squad	2:36.16
34.85	39.70	43.65	37.96

6 Mason, Teoni	16	Torfaen D	2:37.03
34.16	38.30	48.19	36.38
7 Morgan, Sophie	16	Rct Squad	2:38.83
34.18	38.95	47.18	38.52
8 Legg, Abbie	16	Caerphilly	2:41.66
35.29	38.77	49.64	37.96
9 Lewis, Helen	16	Merthyr Tydf	2:41.81
34.59	41.18	48.11	37.93
10 McRae, Mair	16	Torfaen D	2:42.44
37.70	41.26	43.69	39.79
11 Thomas, Anya	16	Co Cardiff	2:42.53
34.95	42.00	49.40	36.18
12 Cox, Emily	15	Bridgend Cty	2:43.43
36.89	41.28	50.69	34.57
13 Freegard, Aimee	16	Rct Squad	2:44.15
36.30	40.58	50.81	36.46
14 Watkins, Sadie	15	Rct Squad	2:44.83
35.19	41.31	51.48	36.85
15 Havard, Carys	15	Heads Valley	2:45.91
36.10	43.06	48.34	38.41
16 Norris, Alyssa	15	Caerphilly	2:45.92
35.19	42.49	51.46	36.78
17 Collins, Amy	15	Co Cardiff	2:49.12
40.41	40.98	50.59	37.14
18 Nicholas, Catrin	15	Bridgend Cty	2:49.93
35.28	45.19	50.68	38.78
19 Harris-Thomas, Elle	16	Torfaen D	2:51.14
37.91	42.55	51.19	39.49
20 Phillips, Ella	15	Co Cardiff	2:53.64
39.41	41.29	50.72	42.22
21 Jones, Cerys	15	Co Cardiff	2:54.71
36.09	46.01	51.91	40.70
22 Lord, Gwenllian	16	Co Cardiff	2:54.80
41.20	45.18	48.40	40.02
23 Cates, Mia	15	Merthyr Tydf	2:57.46
41.92	44.30	50.40	40.84
24 Geen, Cerys	15	Torfaen D	2:59.07
35.14	46.63	57.47	39.83
25 Oliver, Ruth	16	Co Cardiff	2:59.30
39.04	43.89	55.05	41.32
26 Cope, Llinos	15	Co Cardiff	3:05.34
43.46	44.45	55.34	42.09
--- Davies, Lois	15	Bridgend Cty	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous			
36.42	40.69	47.48	36.47

Event 43 Girls 17 & Over 200 SC Meter IM

Championship: 2:18.78 R 06/02/2017 Katie Rees

Name	Age	Team	Finals Time
1 Rees, Katie	20	Co Cardiff	2:18.75R
31.06	36.47	39.25	31.97
2 Warrender, Meggan	17	Torfaen D	2:24.24
31.65	36.94	43.18	32.47
3 Watson, Freya	17	Heads Valley	2:28.43
31.99	38.89	44.75	32.80
4 Hunt, Imogen	20	Bridgend Cty	2:28.94
31.71	36.10	45.45	35.68

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(Event 43 Girls 17 & Over 200 SC Meter IM)

Name	Age	Team	Finals Time
5 Nelson, Bethan	17	Merthyr Tydf	2:32.66
31.83	38.83	46.87	35.13
6 Nicholas, Megan	18	Bridgend Cty	2:33.41
32.70	39.33	45.07	36.31
7 Collingbourne, Sioned	18	Heads Valley	2:33.82
32.16	39.87	46.20	35.59
8 Matthews, Brody	20	Abertillery	2:39.13
35.91	41.34	46.77	35.11
9 Vaisey, Rhiannon	20	Abertillery	2:42.83
36.79	41.08	47.46	37.50
10 Maiden, Mya	17	Bridgend Cty	2:44.27
35.97	41.07	50.56	36.67
11 Rowles, Freya	17	Torfaen D	2:44.52
36.21	41.16	48.79	38.36

Event 44 Boys 14 Year Olds 200 SC Meter IM

Championship: 2:18.22 R 01/02/2016 Theo Savva

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	2:25.30
31.50	37.45	42.56	33.79
2 Wisden, Dylan	14	Bridgend Cty	2:33.45
32.38	39.21	46.83	35.03
3 Tong, Solomon	14	Co Cardiff	2:34.10
33.46	38.20	48.65	33.79
4 Allen-Ridge, Kasey	14	Abertillery	2:35.38
33.65	40.97	44.91	35.85
5 Hobbs, Dewi	14	Rct Squad	2:44.74
33.91	42.32	51.92	36.59
6 Clement, Logan	14	Rct Squad	2:45.00
37.61	42.81	46.42	38.16
--- Elias, Hari	14	Co Cardiff	DQ
6.5 Not on the back at finish - back			
37.01	41.79	46.87	36.36

Event 44 Boys 15-16 200 SC Meter IM

Championship: 2:12.83 R 06/02/2017 Ioan Evans

Name	Age	Team	Finals Time
1 Savva, Theo	16	Co Cardiff	2:12.74R
28.55	33.02	39.20	31.97
2 Murray, Adam	15	Co Cardiff	2:17.74
30.08	33.41	42.95	31.30
3 Chooyin, Benjamin	16	Co Cardiff	2:20.46
29.01	35.47	41.74	34.24
4 Garland, Kieran	16	Rct Squad	2:21.80
30.38	36.89	43.04	31.49
5 Clarke, Kameron	16	Co Cardiff	2:21.89
28.45	37.43	45.51	30.50
6 Salmon, Carwyn	15	Rct Squad	2:23.60
31.52	36.93	42.05	33.10
7 Davies, Joseph	16	Torfaen D	2:25.03
30.44	38.47	42.91	33.21
8 Pycroft, Christian	15	Co Cardiff	2:25.60
31.24	38.13	42.55	33.68
9 Leach, Owen	15	Bridgend Cty	2:26.03
31.92	37.49	44.14	32.48

10 Collins, Tyler	15	Rct Squad	2:31.01
33.30	37.24	47.71	32.76
11 Selby, Morgan	15	Rct Squad	2:31.83
31.54	39.80	46.49	34.00
12 Nixon, Rhys	15	Co Cardiff	2:32.17
33.26	39.89	44.84	34.18
13 Wojcik, Szymon	16	Bridgend Cty	2:37.35
33.06	41.43	47.55	35.31
14 Tucker, Callum	15	Chepstow	2:39.11
34.24	42.20	47.72	34.95
15 Jenkins, Ellis	16	Rct Squad	2:40.07
34.68	38.33	50.38	36.68
16 Johnson, Finnley	15	Co Newport	2:43.52
34.70	42.33	49.19	37.30
17 Davies, Joshua	15	Co Cardiff	2:44.12
36.52	39.40	48.57	39.63
18 Williams, Thomas	15	Rhondda	2:44.62
34.32	42.10	53.11	35.09
19 Fernandez-John, Jac	16	Caerphilly	2:45.75
37.96	43.07	46.99	37.73
--- Pietruszka, Daniel	15	Co Cardiff	DQ
8.3 Movements of the legs not simultaneous or alternating movement of leg			
31.44	39.83	42.08	34.78
--- Thomas, Callum	15	Co Cardiff	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
35.47	42.16	52.01	37.04

Event 44 Boys 17 & Over 200 SC Meter IM

Championship: 2:11.33 R 01/02/2016 Cameron Brown

Name	Age	Team	Finals Time
1 Lewis, James	20	Co Cardiff	2:09.73R
27.79	36.11	34.09	31.74
2 James, Rhys	18	Co Cardiff	2:15.78
28.72	34.38	40.61	32.07
3 John, Lewys	18	Rct Squad	2:22.73
30.65	37.32	42.07	32.69
4 Mullins, Joshua	18	Merthyr Tydf	2:26.05
30.80	38.23	43.27	33.75
5 Williams, Elliot	17	Pontypridd	2:40.00
32.63	43.34	50.40	33.63

Event 45 Girls 11 Year Olds 200 SC Meter Breaststroke

Championship: 2:57.34 R 01/02/2016 Arwen Stephens

Name	Age	Team	Finals Time
1 Salmon, Gwen	11	Rct Squad	3:20.79
46.40	51.78	50.92	51.69
2 Briggs, Bailey	11	Heads Valley	3:25.02
47.53	53.59	53.47	50.43
3 Davis, Freya	11	Rct Squad	3:31.55
49.21	54.87	55.83	51.64
4 Nock, Emma	11	Monnow	3:35.22
51.85	55.29	54.75	53.33
5 Elias, Anya	11	Co Cardiff	3:35.27
47.21	56.02	57.77	54.27
6 Walker, Emily	11	Co Newport	3:55.08
55.00	1:00.33	59.82	59.93

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(Event 45 Girls 11 Year Olds 200 SC Meter Breaststroke)

Name	Age	Team	Finals Time
--- Davies, Niamh	11	Co Cardiff	DQ
7.4 Leg movements not on the same plane			
48.56	54.83	55.66	52.53

Event 45 Girls 12 Year Olds 200 SC Meter Breaststroke

Championship: 2:49.10 R 06/02/2017 Arwen Stephens

Name	Age	Team	Finals Time
1 Williams-Jones, Phoebe	12	Co Cardiff	2:51.21
39.04	42.95	44.63	44.59
2 Iles, Georgia	12	Co Cardiff	3:04.62
41.75	47.64	48.12	47.11
3 Velasco, Mikayla	12	Co Cardiff	3:08.77
43.68	48.31	49.13	47.65
4 Johnsey, Lily	12	Co Cardiff	3:10.03
42.96	48.48	50.05	48.54
5 Brasington, Lucy	12	Heads Valley	3:32.56
48.31	54.56	55.12	54.57
6 Blake, Ffion	12	Co Cardiff	3:32.80
48.52	55.07	55.62	53.59
7 Beach, Dion	12	Rhondda	3:33.08
47.29	53.70	56.06	56.03
8 Pritchard, Mia	12	Co Cardiff	3:33.77
50.44	55.40	54.54	53.39
--- Brassington, Sophie	12	Co Cardiff	DQ
7.1 After the start or after each turn single butterfly kick not performed before			
41.11	45.80	44.97	43.51

Event 45 Girls 13 Year Olds 200 SC Meter Breaststroke

Championship: 2:50.43 R 01/02/2016 Scarlet major

Name	Age	Team	Finals Time
1 Stephens, Arwen	13	Co Cardiff	2:42.37R
38.15	41.79	42.03	40.40
2 Simmons, Beth	13	Co Newport	2:58.01
42.48	45.29	44.90	45.34
3 Illman, Lili	13	Torfaen D	2:59.20
40.40	46.73	47.64	44.43
4 Donovan, Kelsey	13	Co Cardiff	2:59.84
41.20	46.07	46.47	46.10
5 Davies-Amos, Angelica	13	Bridgend Cty	3:02.78
42.66	47.14	46.99	45.99
6 Walker, Eleanor	13	Co Newport	3:07.28
41.91	47.35	50.46	47.56
7 Faulkner, Marie	13	Co Cardiff	3:08.64
43.70	48.51	48.87	47.56
8 O'Callaghan, Faye	13	Co Cardiff	3:10.55
44.65	48.98	48.71	48.21
9 Jones, Emilia	13	Bridgend Cty	3:13.95
43.91	49.25	50.81	49.98
10 Reynolds, Mia	13	Heads Valley	3:20.70
46.24	51.11	52.63	50.72
11 Pike, Aneirwen	13	Pontypridd	3:23.71
48.62	51.66	52.96	50.47
12 Sweeney, Jessica	13	Co Newport	3:24.59
46.03	52.51	53.95	52.10
13 Cribb, Millie	13	Caerphilly	3:26.28
45.98	52.40	54.20	53.70

14 Brind, Jessica	13	Co Cardiff	3:33.43
48.90	54.84	55.41	54.28
--- Bigham, Lily	13	Co Newport	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous			
46.62	52.88	54.35	52.08

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Championship: 29.07 R 06/02/2017 Tristyn James

Name	Age	Team	Finals Time
Finals			
1 James, Ioan	11	Bridgend Cty	31.20
2 Parsons, Joseph	11	Co Cardiff	32.45
3 Preece, Toby	11	Co Newport	32.99
4 Caddy, Alexander	11	Merthyr Tydf	34.26
5 Witchell, Rhys	11	Co Cardiff	34.79
6 Leach, Evan	11	Bridgend Cty	35.07
7 Mruk, Keian	11	Torfaen D	35.12
8 Rescigno, Alberto	11	Co Cardiff	35.91

Event 46 Boys 11 Year Olds 50 SC Meter Freestyle

Championship: 29.07 R 06/02/2017 Tristyn James

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Ioan	11	Bridgend Cty	31.77
2 Parsons, Joseph	11	Co Cardiff	32.75
3 Preece, Toby	11	Co Newport	32.84
4 Witchell, Rhys	11	Co Cardiff	34.55
5 Caddy, Alexander	11	Merthyr Tydf	34.60
6 Leach, Evan	11	Bridgend Cty	35.21
7 Rescigno, Alberto	11	Co Cardiff	35.74
8 Mruk, Keian	11	Torfaen D	36.13
9 Morgan, Lewis	11	Bridgend Cty	36.52
10 Newton, James	11	Torfaen D	37.24
11 Stevens, Henry	11	Co Cardiff	37.46
12 Price, Ellis	11	Pontypridd	37.89
13 Norton, Caleb	11	Rhondda	38.65
14 Cribb, Tobie	11	Caerphilly	39.75

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Championship: 30.45 R 06/02/2017 Joshua O'Brien

Name	Age	Team	Finals Time
Finals			
1 James, Tristyn	12	Bridgend Cty	28.07R
2 Jones, Carwyn	12	Co Cardiff	28.74R
3 Steven, Adam	12	Co Newport	30.00R
4 Major, Sebastian	12	Co Newport	30.41R
5 Fowler, Joseph	12	Rct Squad	31.71
6 Lee, Ethan	12	Rhondda	32.51
7 Davidson, Matthew	12	Bridgend Cty	32.80
8 Tucker, Lucas	12	Chepstow	33.75

Event 46 Boys 12 Year Olds 50 SC Meter Freestyle

Championship: 30.45 R 06/02/2017 Joshua O'Brien

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Tristyn	12	Bridgend Cty	27.98R
2 Jones, Carwyn	12	Co Cardiff	29.18R
3 Steven, Adam	12	Co Newport	30.25R

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Preliminaries ... (Event 46 Boys 12 Year Olds 50 SC Meter Freestyle)

Name	Age	Team	Prelim Time
4 Major, Sebastian	12	Co Newport	30.78
5 Fowler, Joseph	12	Rct Squad	31.69
6 Lee, Ethan	12	Rhondda	31.72
7 Davidson, Matthew	12	Bridgend Cty	32.84
8 Tucker, Lucas	12	Chepstow	32.96
9 Barnett, Jacob	12	Co Cardiff	33.06
10 Wardhaugh, Bryn	12	Co Cardiff	33.46
11 Lee, Tristan	12	Rhondda	33.76
12 John, Finlay	12	Rct Squad	34.29
13 Davies, Zachary	12	Torfaen D	35.04
14 McLain, Archie	12	Heads Valley	36.05
15 Evans, Emrys	12	Co Cardiff	36.13
16 Nash, Charlie	12	Rhondda	36.61
17 Jones, Rhys	12	Rct Squad	36.92
18 Price Davies, Owen	12	Brecon	37.55
--- Stones, Morgan	12	Chepstow	DQ

4.4 Start before starting signal

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Championship: 27.18 R 31/01/2016 Alex Griffiths

Name	Age	Team	Finals Time
1 McCarthy, Samuel	13	Co Cardiff	28.45
2 O'Brien, Joshua	13	Co Cardiff	28.60
3 Hughes, Cian	13	Co Cardiff	28.67
4 Davies, Gianni	13	Co Newport	28.91
5 Sellick, Evan	13	Cwmbran	29.13
6 Arch, Rhydian	13	Co Cardiff	29.79
7 Geysen-Holley, Max	13	Bridgend Cty	29.87
8 Rees, Garyn	13	Rhondda	30.31

Event 46 Boys 13 Year Olds 50 SC Meter Freestyle

Championship: 27.18 R 31/01/2016 Alex Griffiths

Name	Age	Team	Prelim Time
1 McCarthy, Samuel	13	Co Cardiff	28.27
2 O'Brien, Joshua	13	Co Cardiff	28.44
3 Hughes, Cian	13	Co Cardiff	28.78
4 Davies, Gianni	13	Co Newport	29.07
5 Sellick, Evan	13	Cwmbran	29.57
6 Arch, Rhydian	13	Co Cardiff	29.67
7 Rees, Garyn	13	Rhondda	29.71
8 Geysen-Holley, Max	13	Bridgend Cty	30.11
9 Davies, Gruffydd	13	Co Cardiff	30.38
10 James, Harley	13	Co Cardiff	30.77
11 Jones, Calum	13	Rhondda	31.34
12 Coulson, Evan	13	Torfaen D	31.50
13 Newton, Oscar	13	Torfaen D	31.82
14 Keenan, Brandon	13	Co Newport	32.31
15 Johnson, Freddie	13	Heads Valley	32.39
16 Ingram, James	13	Heads Valley	32.51
17 Rosser, Dewi	13	Torfaen D	32.87
18 Isaacs, Tomos	13	Rct Squad	32.96
19 Tasker, Gethin	13	Rct Squad	33.84
20 Watkins, William	13	Co Newport	34.52

Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Championship: 1:15.93 R 01/02/2016 Arwen Stephens

Name	Age	Team	Finals Time
1 Millar, Connie	11	Co Cardiff	1:15.24R
36.95	38.29		
2 Fox, Honor	11	Co Cardiff	1:18.42
39.34	39.08		
3 Salmon, Gwen	11	Rct Squad	1:22.52
40.21	42.31		
4 Elias, Anya	11	Co Cardiff	1:28.23
42.68	45.55		
5 Briggs, Bailey	11	Heads Valley	1:29.93
43.89	46.04		
6 Davies, Niamh	11	Co Cardiff	1:31.12
45.52	45.60		
7 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	1:32.31
44.65	47.66		
8 Jones, Lillie	11	Co Cardiff	1:34.31
45.28	49.03		

Event 47 Girls 11 Year Olds 100 SC Meter Backstroke

Championship: 1:15.93 R 01/02/2016 Arwen Stephens

Name	Age	Team	Prelim Time
1 Millar, Connie	11	Co Cardiff	1:17.23
37.67	39.56		
2 Fox, Honor	11	Co Cardiff	1:17.32
37.83	39.49		
3 Salmon, Gwen	11	Rct Squad	1:25.50
41.68	43.82		
4 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	1:30.57
42.95	47.62		
5 Briggs, Bailey	11	Heads Valley	1:31.62
44.78	46.84		
6 Davies, Niamh	11	Co Cardiff	1:32.38
45.87	46.51		
7 Williams, Beth	11	Brecon	1:33.42
44.70	48.72		
8 Elias, Anya	11	Co Cardiff	1:33.65
1:33.65			
9 Jones, Lillie	11	Co Cardiff	1:34.39
45.77	48.62		
10 Williams, Carys	11	Merthyr Tydf	1:34.43
46.21	48.22		

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Championship: 1:12.17 R 01/02/2016 Becci De Torres

Name	Age	Team	Finals Time
1 Broder, Libby	12	Torfaen D	1:15.87
36.42	39.45		
2 Davies, Cerys	12	Rct Squad	1:18.53
38.27	40.26		
3 Williams, Lily	12	Co Cardiff	1:19.91
39.45	40.46		

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Finals ... (Event 47 Girls 12 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
4 Badman, Phoebe	12	Rct Squad	1:21.47
	39.99	41.48	
5 Brasington, Lucy	12	Heads Valley	1:21.76
	39.60	42.16	
6 Chayka, Sofia	12	Bridgend Cty	1:22.04
	39.71	42.33	
7 Parsons, Ellie	12	Chepstow	1:23.35
	40.29	43.06	
8 Brassington, Sophie	12	Co Cardiff	1:25.16
	40.91	44.25	

Event 47 Girls 12 Year Olds 100 SC Meter Backstroke

Championship: 1:12.17 R 01/02/2016 Becci De Torres

Name	Age	Team	Prelim Time
Preliminaries			
1 Broder, Libby	12	Torfaen D	1:17.13
	36.93	40.20	
2 Davies, Cerys	12	Rct Squad	1:17.27
	37.72	39.55	
3 Badman, Phoebe	12	Rct Squad	1:22.47
	40.98	41.49	
4 Brasington, Lucy	12	Heads Valley	1:22.65
	40.39	42.26	
5 Chayka, Sofia	12	Bridgend Cty	1:23.25
	40.67	42.58	
6 Brassington, Sophie	12	Co Cardiff	1:23.43
	40.37	43.06	
7 Parsons, Ellie	12	Chepstow	1:23.46
	41.16	42.30	
8 Williams, Lily	12	Co Cardiff	1:23.75
	42.49	41.26	
9 Johnsey, Lily	12	Co Cardiff	1:23.82
	41.82	42.00	
10 Holmes, Bethan	12	Co Newport	1:24.10
	40.82	43.28	
11 Blake, Ffion	12	Co Cardiff	1:24.23
	41.50	42.73	
12 Davies, Ffion	12	Rct Squad	1:25.24
	41.60	43.64	
13 Pritchard, Mia	12	Co Cardiff	1:26.36
	42.86	43.50	
14 Williams, Mali	12	Rct Squad	1:26.90
	41.39	45.51	
15 Bound, Caitlin	12	Heads Valley	1:27.05
	42.21	44.84	
16 Edwards, Georgina	12	Abertillery	1:28.38
	1:28.38		
17 Jones, Ellie	12	Heads Valley	1:28.48
	42.97	45.51	
--- Iles, Georgia	12	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
	40.42	41.00	

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Championship: 1:09.28 R 01/02/2016 Darcey Harry

Name	Age	Team	Finals Time
Finals			
1 Rosser, Cerys	13	Torfaen D	1:09.51
	34.03	35.48	
2 Joseph, Isabel	13	Co Cardiff	1:09.87
	34.42	35.45	
3 Stephens, Arwen	13	Co Cardiff	1:10.78
	35.36	35.42	
4 Stride, Tamzin	13	Torfaen D	1:12.13
	34.80	37.33	
5 Donovan, Kelsey	13	Co Cardiff	1:14.75
	36.81	37.94	
6 Fox, Imo	13	Co Cardiff	1:14.83
	36.71	38.12	
7 Clayton, Karys	13	Torfaen D	1:14.87
	37.07	37.80	
8 Erasmus, Charlotte	13	Torfaen D	1:15.55
	36.80	38.75	

Event 47 Girls 13 Year Olds 100 SC Meter Backstroke

Championship: 1:09.28 R 01/02/2016 Darcey Harry

Name	Age	Team	Prelim Time
Preliminaries			
1 Rosser, Cerys	13	Torfaen D	1:08.36R
	33.55	34.81	
2 Joseph, Isabel	13	Co Cardiff	1:10.68
	34.25	36.43	
3 Stride, Tamzin	13	Torfaen D	1:11.38
	34.15	37.23	
4 Stephens, Arwen	13	Co Cardiff	1:11.61
	34.17	37.44	
5 Erasmus, Charlotte	13	Torfaen D	1:15.06
	36.43	38.63	
6 Donovan, Kelsey	13	Co Cardiff	1:15.14
	36.66	38.48	
7 Clayton, Karys	13	Torfaen D	1:15.19
	36.58	38.61	
8 Fox, Imo	13	Co Cardiff	1:15.52
	36.76	38.76	
9 Davies-Amos, Angelica	13	Bridgend Cty	1:16.14
	36.54	39.60	
10 Nowell, Gabriella	13	Torfaen D	1:16.27
	36.79	39.48	
11 Illman, Lili	13	Torfaen D	1:17.40
	37.27	40.13	
12 Preece, Katie	13	Co Newport	1:17.91
	37.66	40.25	
13 Morgan, Hannah	13	Co Cardiff	1:18.32
	38.44	39.88	
14 Jones, Chloe	13	Bridgend Cty	1:18.55
	37.68	40.87	
15 Hickman, Eve	13	Bridgend Cty	1:19.14
	39.11	40.03	

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Preliminaries ... (Event 47 Girls 13 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Prelim Time
16 Walker, Eleanor	13	Co Newport	1:19.81
38.74	41.07		
17 Faulkner, Marie	13	Co Cardiff	1:19.94
38.72	41.22		
18 Legg, Caitlin	13	Caerphilly	1:20.14
37.19	42.95		
19 Reed, Shauna	13	Torfaen D	1:20.17
38.76	41.41		
20 O'Callaghan, Faye	13	Co Cardiff	1:20.62
39.41	41.21		
21 Grant, Eilidh	13	Co Cardiff	1:21.71
39.48	42.23		
22 Graville, Carys	13	Co Cardiff	1:22.05
39.95	42.10		
23 Maude, Rose	13	Co Cardiff	1:22.29
40.16	42.13		
24 Crowley, Amy	13	Co Cardiff	1:23.46
40.91	42.55		
25 Keigwin, Daisy	13	Caerphilly	1:23.63
40.98	42.65		
26 Bigham, Lily	13	Co Newport	1:23.77
40.83	42.94		
27 James, Ffion	13	Rct Squad	1:24.15
40.09	44.06		
28 Brind, Jessica	13	Co Cardiff	1:24.41
41.63	42.78		
29 Reynolds, Mia	13	Heads Valley	1:24.64
41.37	43.27		
30 Sargent, Elana	13	Caerphilly	1:28.24
43.79	44.45		

Event 48 Boys 14 Year Olds 200 SC Meter Freestyle

Championship: 2:01.83 R 01/02/2016 Ioan Evans

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	2:08.95
30.78	33.12	33.85 31.20	
2 Wisden, Dylan	14	Bridgend Cty	2:14.50
31.60	34.69	34.53 33.68	
3 Tong, Solomon	14	Co Cardiff	2:17.69
33.24	35.15	35.63 33.67	
4 Hobbs, Dewi	14	Rct Squad	2:26.66
31.24	36.19	40.10 39.13	
5 Watts, Morgan	14	Abertillery	2:36.56
36.04	40.86	40.91 38.75	
6 Clement, Logan	14	Rct Squad	2:36.75
36.18	40.65	41.37 38.55	

Event 48 Boys 15-16 200 SC Meter Freestyle

Championship: 1:57.18 R 06/02/2017 Ioan Evans

Name	Age	Team	Finals Time
1 Clarke, Kameron	16	Co Cardiff	1:56.93R
27.20	29.56	30.29 29.88	
2 Griffiths, Alex	15	Co Newport	1:59.54
28.30	30.37	30.34 30.53	
3 Broom, Dylan	16	Torfaen D	1:59.75
27.25	30.87	30.43 31.20	

4 Davies, Joseph	16	Torfaen D	2:03.43
29.02	31.00	31.98 31.43	
5 Garland, Kieran	16	Rct Squad	2:03.52
28.70	31.99	32.06 30.77	
6 Langdon, Ben	15	Co Newport	2:06.72
29.24	31.99	32.66 32.83	
7 Gibbs, Morgan	16	Bridgend Cty	2:06.87
28.25	32.34	33.82 32.46	
8 Knight, Jack	15	Co Newport	2:07.24
29.04	32.96	33.05 32.19	
9 Salmon, Carwyn	15	Rct Squad	2:07.85
29.27	32.41	33.32 32.85	
10 Murray, Adam	15	Co Cardiff	2:08.27
29.29	32.68	33.14 33.16	
11 Leach, Owen	15	Bridgend Cty	2:09.72
31.37	33.31	33.45 31.59	
12 Pycroft, Christian	15	Co Cardiff	2:11.85
30.22	33.66	34.70 33.27	
13 Selby, Morgan	15	Rct Squad	2:14.23
30.99	35.18	35.27 32.79	
14 Steven, Ryan	16	Co Newport	2:14.54
32.77	34.33	34.37 33.07	
15 Pietruszka, Daniel	15	Co Cardiff	2:14.96
31.04	34.48	34.69 34.75	
16 Wojcik, Szymon	16	Bridgend Cty	2:15.71
31.97	34.78	35.07 33.89	
17 Jones, Ceirion	16	Merthyr Tydf	2:19.68
32.09	34.80	36.76 36.03	
18 Thomas, Callum	15	Co Cardiff	2:19.91
32.03	35.47	36.71 35.70	
19 Nixon, Rhys	15	Co Cardiff	2:19.93
32.31	35.94	36.49 35.19	
20 Williams, Thomas	15	Rhondda	2:20.41
32.39	36.36	37.20 34.46	
21 Tucker, Callum	15	Chepstow	2:21.03
32.39	34.88	37.22 36.54	
22 Jones, Finlay	16	Rhondda	2:21.39
32.55	36.55	36.72 35.57	
23 Layzell, Alexander	15	Merthyr Tydf	2:21.77
33.00	36.01	36.79 35.97	
24 Yahiaoui, Yucuf	16	Co Cardiff	2:25.55
33.04	36.84	37.70 37.97	

Event 48 Boys 17 & Over 200 SC Meter Freestyle

Championship: 1:53.22 R 06/02/2017 Thomas Greenfield

Name	Age	Team	Finals Time
1 Boladz, Andrew	19	Torfaen D	1:58.16
27.54	30.30	30.22 30.10	
2 Jones, Daniel	19	Torfaen D	1:58.43
27.31	30.88	30.88 29.36	
3 Bryce, Aidan	18	Co Newport	1:59.19
27.59	30.41	30.93 30.26	
4 James, Rhys	18	Co Cardiff	2:02.02
27.86	31.14	31.62 31.40	
5 Thomas, Emyr	17	Co Newport	2:04.57
28.48	31.52	32.63 31.94	
6 John, Lewys	18	Rct Squad	2:04.81
28.78	31.44	31.92 32.67	

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(Event 48 Boys 17 & Over 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
7 Price, Dafydd	18	Torfaen D	2:07.83
	28.97	33.44 33.84 31.58	
8 Cook, Owain	18	Bridgend Cty	2:09.77
	29.28	32.87 33.95 33.67	
9 Mullins, Joshua	18	Merthyr Tydf	2:14.34
	29.69	33.84 35.67 35.14	
--- Clegg, Sam	17	Brecon	x2:31.01
	34.10	38.22 39.77 38.92	

Event 49 Boys 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Rescigno, Alberto	11	Co Cardiff	3:28.90
	47.30	54.73 54.23 52.64	

Event 49 Boys 12 Year Olds 200 SC Meter Butterfly

Championship: 2:51.86 R 06/02/2017 Ben Merriman

Name	Age	Team	Finals Time
1 Fowler, Joseph	12	Rct Squad	3:17.52
	41.65	50.69 53.37 51.81	

Event 49 Boys 13 Year Olds 200 SC Meter Butterfly

Championship: 2:35.79 R 06/02/2017 Cai Wardhaugh

Name	Age	Team	Finals Time
1 Merriman, Ben	13	Heads Valley	2:42.44
	35.22	40.77 43.03 43.42	
2 Davies, Gruffydd	13	Co Cardiff	2:47.15
	36.01	42.77 44.26 44.11	

Event 50 Girls 14 Year Olds 200 SC Meter Breaststroke

Championship: 2:42.05 R 01/02/2016 Ellie Horton

Name	Age	Team	Finals Time
1 O'Callaghan, Jennifer	14	Co Cardiff	2:44.41
	37.00	41.79 42.75 42.87	
2 Ward, Ellie	14	Co Newport	2:46.69
	38.39	42.97 43.35 41.98	
3 Boswall, Saffron	14	Co Cardiff	2:53.06
	39.66	44.17 44.57 44.66	
4 Morgan, Izzy	14	Co Cardiff	2:54.29
	38.75	45.39 45.49 44.66	
5 Brassington, Isabel	14	Co Cardiff	2:55.17
	39.24	44.79 45.69 45.45	
6 Jones, Seren	14	Co Cardiff	2:55.40
	40.40	44.29 46.31 44.40	
7 Dallyn, Isobel	14	Chepstow	2:55.42
	41.32	45.67 45.11 43.32	
8 Domican, Rosie	14	Co Cardiff	2:55.87
	39.76	44.92 45.66 45.53	
9 Girling, Grace	14	Co Cardiff	3:03.93
	39.18	45.86 49.20 49.69	
10 Hembrow, Courtney	14	Bridgend Cty	3:10.10
	44.08	48.63 48.83 48.56	
11 Thomas, Nell	14	Rct Squad	3:10.40
	42.91	48.54 50.25 48.70	
12 Cook, Seren	14	Bridgend Cty	3:11.15
	41.81	47.62 51.34 50.38	
13 Minas, Ella	14	Rct Squad	3:11.78
	43.11	49.27 50.03 49.37	

14 Pryce, Ella	14	Co Cardiff	3:18.07
	44.88	51.72 51.73 49.74	
15 Frole, Megan	14	Bridgend Cty	3:27.66
	46.37	52.97 53.81 54.51	

Event 50 Girls 15-16 200 SC Meter Breaststroke

Championship: 2:38.73 R 06/02/2017 Rebecca Sutton

Name	Age	Team	Finals Time
1 McRae, Mair	16	Torfaen D	2:42.53
	37.54	41.44 42.63 40.92	
2 Horton, Ellana	16	Co Newport	2:45.69
	37.92	42.54 42.59 42.64	
3 Evans, Penny	15	Rct Squad	2:45.78
	36.72	42.68 43.72 42.66	
4 Bryce, Millie	16	Co Cardiff	2:54.69
	39.02	43.71 45.26 46.70	
5 Morgan, Sophie	16	Rct Squad	2:56.07
	39.90	44.35 46.58 45.24	
6 Snow, Sophie	16	Co Cardiff	2:56.84
	40.53	44.81 45.98 45.52	
7 Davidson, Hannah	15	Bridgend Cty	2:59.37
	40.35	46.01 46.84 46.17	
8 Davies, Lois	15	Bridgend Cty	3:04.05
	42.88	46.75 47.53 46.89	
9 Collins, Amy	15	Co Cardiff	3:07.74
	43.21	48.11 48.17 48.25	
--- Lord, Gwenllian	16	Co Cardiff	DQ
	7.4 Leg movements not simultaneous (alternating leg movement)		
	43.40	49.58 49.84 48.54	

Event 50 Girls 17 & Over 200 SC Meter Breaststroke

Championship: 2:33.84 R 01/02/2016 Cerys Coley

Name	Age	Team	Finals Time
1 Rees, Katie	20	Co Cardiff	2:34.59
	35.27	38.90 39.91 40.51	
2 Sutton, Rebecca	17	Co Cardiff	2:37.88
	36.46	40.13 40.33 40.96	
3 Gorman, Helen	46	Co Cardiff	2:42.75
	37.32	40.66 42.30 42.47	
--- Boswall, Marnie	17	Co Cardiff	DNF
	38.62		

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Championship: 28.93 R 07/02/2017 Alex Griffiths

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	31.08
2 Phillips, Joshua	14	Co Newport	31.85
3 Wisden, Dylan	14	Bridgend Cty	32.20
4 Jones, Jacob	14	Rhondda	34.52
5 Tan, Nicholas	14	Pontypridd	36.51
6 Havard, Dylan	14	Heads Valley	37.07
7 Edwards, Nathaniel	14	Torfaen D	38.20

Event 51 Boys 14 Year Olds 50 SC Meter Backstroke

Championship: 28.93 R 07/02/2017 Alex Griffiths

Name	Age	Team	Prelim Time
1 Phillips, Joshua	14	Co Newport	31.66

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Preliminaries ... (Event 51 Boys 14 Year Olds 50 SC Meter Backstroke)

Name	Age	Team	Prelim Time
2 Edwards, Kaden	14	Co Cardiff	32.01
3 Wisden, Dylan	14	Bridgend Cty	32.21
4 Jones, Jacob	14	Rhondda	34.17
5 Tan, Nicholas	14	Pontypridd	36.38
6 Havard, Dylan	14	Heads Valley	37.47
7 Edwards, Nathaniel	14	Torfaen D	37.90

Event 51 Boys 15-16 50 SC Meter Backstroke

Championship: 27.52 R 07/02/2017 Shaye Parfitt

Name	Age	Team	Finals Time
Finals			
1 Griffiths, Alex	15	Co Newport	28.86
2 Clarke, Kameron	16	Co Cardiff	29.06
3 Murray, Adam	15	Co Cardiff	29.10
4 Garland, Kieran	16	Rct Squad	30.39
5 Gibbs, Morgan	16	Bridgend Cty	30.53
6 Hall, Dan	16	Chepstow	30.83
7 Broom, Dylan	16	Torfaen D	30.92
8 Coppen, Jensen	15	Co Newport	31.95

Event 51 Boys 15-16 50 SC Meter Backstroke

Championship: 27.52 R 07/02/2017 Shaye Parfitt

Name	Age	Team	Prelim Time
Preliminaries			
1 Griffiths, Alex	15	Co Newport	28.65
2 Clarke, Kameron	16	Co Cardiff	29.53
3 Murray, Adam	15	Co Cardiff	29.96
4 Garland, Kieran	16	Rct Squad	30.15
5 Broom, Dylan	16	Torfaen D	30.54
6 Hall, Dan	16	Chepstow	30.60
7 Gibbs, Morgan	16	Bridgend Cty	30.62
8 Coppen, Jensen	15	Co Newport	31.43
9 Collins, Tyler	15	Rct Squad	31.53
10 Selby, Morgan	15	Rct Squad	32.65
11 Jenkins, Ellis	16	Rct Squad	32.78
12 Smith, Ben	16	Monnow	33.65
13 Nixon, Rhys	15	Co Cardiff	33.82
14 Andrews, Oliver	16	Chepstow	33.97
15 Thomas, Callum	15	Co Cardiff	34.07
16 Davies, Joshua	15	Co Cardiff	34.46
17 Williams, Thomas	15	Rhondda	34.84

Event 51 Boys 17 & Over 50 SC Meter Backstroke

Championship: 28.26 R 07/02/2017 William Durrant

Name	Age	Team	Finals Time
Finals			
1 James, Rhys	18	Co Cardiff	27.93R
2 Boladz, Andrew	19	Torfaen D	28.18R
3 Cook, Jacob	18	Co Cardiff	28.76
4 Baker, Luke	17	Torfaen D	29.55
5 Bryce, Aidan	18	Co Newport	29.60
6 Hunt, Tobias	17	Bridgend Cty	30.70
7 Price, Dafydd	18	Torfaen D	30.81
8 Jones, Daniel	20	Co Cardiff	32.41

Event 51 Boys 17 & Over 50 SC Meter Backstroke

Championship: 28.26 R 07/02/2017 William Durrant

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Rhys	18	Co Cardiff	28.08R
2 Boladz, Andrew	19	Torfaen D	28.51
3 Cook, Jacob	18	Co Cardiff	29.15
4 Bryce, Aidan	18	Co Newport	29.29
5 Baker, Luke	17	Torfaen D	29.38
6 Hunt, Tobias	17	Bridgend Cty	30.54
7 Price, Dafydd	18	Torfaen D	31.09
8 Jones, Daniel	20	Co Cardiff	32.32
9 Rees, Brandon	17	Rhondda	33.06
10 Williams, Elliot	17	Pontypridd	34.01
11 Thomas, Joshua	17	Merthyr Tydf	36.56

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Championship: 29.98 R 02/02/2016 Megan Allison

Name	Age	Team	Finals Time
Finals			
1 Lovell, Madison	14	Heads Valley	30.77
2 Baker, Alyssa	14	Torfaen D	31.05
3 Girling, Grace	14	Co Cardiff	31.65
4 O'Callaghan, Jennifer	14	Co Cardiff	31.71
5 Ward, Ellie	14	Co Newport	32.27
6 Smith, Mia	14	Torfaen D	32.75
7 Morgan, Bethan	14	Bridgend Cty	32.87
8 Corderoy, Abigail	14	Rct Squad	33.39

Event 52 Girls 14 Year Olds 50 SC Meter Butterfly

Championship: 29.98 R 02/02/2016 Megan Allison

Name	Age	Team	Prelim Time
Preliminaries			
1 De Torres, Becci	14	Co Cardiff	28.76R
2 Lovell, Madison	14	Heads Valley	31.16
3 Girling, Grace	14	Co Cardiff	31.37
4 Baker, Alyssa	14	Torfaen D	31.38
5 O'Callaghan, Jennifer	14	Co Cardiff	32.00
6 Ward, Ellie	14	Co Newport	32.18
7 Smith, Mia	14	Torfaen D	32.97
8 Morgan, Bethan	14	Bridgend Cty	33.39
9 Corderoy, Abigail	14	Rct Squad	33.74
10 Jones, Seren	14	Co Cardiff	33.90
11 Evans, Emma	14	Co Cardiff	33.96
12 Minas, Ella	14	Rct Squad	34.61
13 Parry, Jessica	14	Rct Squad	34.62
14 Marchant, Rhiannon	14	Rct Squad	35.10
15 Hurcombe, Eve	14	Torfaen D	35.14
16 Date, Alana	14	Co Cardiff	35.77
17 Frole, Megan	14	Bridgend Cty	36.07
18 Davies, Tegan	14	Bridgend Cty	36.31
19 Pryce, Ella	14	Co Cardiff	37.21
20 Davies, Lauren	14	Bridgend Cty	37.59
21 Jones, Olivia	14	Rhondda	39.82
22 Powell, Neve	14	Co Newport	40.15

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Event 52 Girls 15-16 50 SC Meter Butterfly

Championship: 28.89 R 02/02/2016 Annaliese Beynon

Name	AgeTeam	Finals Time
Finals		
1 Davidson, Hannah	15 Bridgend Cty	30.16
2 Linton, Sophie	15 Co Newport	30.37
3 Rees, Millie	16 Bridgend Cty	30.59
4 Rutter, Jessica	16 Co Cardiff	30.91
5 Norris, Alyssa	15 Caerphilly	32.16
6 Witchell, Bethan	15 Co Cardiff	32.54
7 Havard, Carys	15 Heads Valley	32.70
8 Geen, Cerys	15 Torfaen D	33.63

Event 52 Girls 15-16 50 SC Meter Butterfly

Championship: 28.89 R 02/02/2016 Annaliese Beynon

Name	AgeTeam	Prelim Time
Preliminaries		
1 Rees, Millie	16 Bridgend Cty	30.53
2 Linton, Sophie	15 Co Newport	30.64
3 Davidson, Hannah	15 Bridgend Cty	30.66
4 Rutter, Jessica	16 Co Cardiff	31.60
5 Norris, Alyssa	15 Caerphilly	32.26
6 Witchell, Bethan	15 Co Cardiff	32.45
7 Lewis, Helen	16 Merthyr Tydf	32.48
8 Havard, Carys	15 Heads Valley	32.93
9 Geen, Cerys	15 Torfaen D	33.00
10 Mason, Teoni	16 Torfaen D	33.22
11 Morris, Elen	16 Co Cardiff	33.35
12 Snow, Sophie	16 Co Cardiff	33.41
13 Thomas, Anya	16 Co Cardiff	33.42
14 Evans, Penny	15 Rct Squad	33.55
15 Nicholas, Catrin	15 Bridgend Cty	33.71
16 Jones, AJ	15 Bridgend Cty	33.88
17 Cox, Emily	15 Bridgend Cty	34.20
18 Walters, Aisha	16 Merthyr Tydf	34.50
19 Watkins, Sadie	15 Rct Squad	34.63
20 Davies, Lois	15 Bridgend Cty	34.72
21 Jones, Cerys	15 Co Cardiff	34.91
22 Napper, Kaycee	15 Rhondda	35.05
23 Harris-Thomas, Elle	16 Torfaen D	35.07
24 Legg, Abbie	16 Caerphilly	35.26
25 Meredith, Morgan	16 Rhondda	36.77
26 Dewar, Megan	16 Cwmbran	37.02
27 Willis, Laura	15 Monnow	37.05
28 Oliver, Ruth	16 Co Cardiff	38.25
29 Cope, Llinos	15 Co Cardiff	38.90

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Championship: 29.18 R 07/02/2017 India Burch

Name	AgeTeam	Finals Time
Finals		
1 Watson, Freya	17 Heads Valley	29.44
2 Sutton, Emma	19 Rct Squad	29.69
3 Hunt, Imogen	20 Bridgend Cty	30.58
4 Randell, Niamh	17 Rct Squad	30.59
5 Nelson, Bethan	17 Merthyr Tydf	31.38

6 Collingbourne, Sioned	18 Heads Valley	32.08
7 Nicholas, Megan	18 Bridgend Cty	32.37
8 Maiden, Mya	17 Bridgend Cty	33.41

Event 52 Girls 17 & Over 50 SC Meter Butterfly

Championship: 29.18 R 07/02/2017 India Burch

Name	AgeTeam	Prelim Time
Preliminaries		
1 Watson, Freya	17 Heads Valley	29.55
2 Sutton, Emma	19 Rct Squad	29.95
3 Randell, Niamh	17 Rct Squad	30.49
4 Nelson, Bethan	17 Merthyr Tydf	30.61
5 Hunt, Imogen	20 Bridgend Cty	30.77
6 Collingbourne, Sioned	18 Heads Valley	31.90
7 Nicholas, Megan	18 Bridgend Cty	32.27
8 Maiden, Mya	17 Bridgend Cty	33.58
9 Thomas, Chloe	20 Bridgend Cty	37.52

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Championship: 1:10.83 R 07/02/2017 Tristyn James

Name	AgeTeam	Finals Time
Finals		
1 Parsons, Joseph	11 Co Cardiff	1:20.21
36.44	43.77	
2 James, Ioan	11 Bridgend Cty	1:22.79
38.39	44.40	
3 Morgan, Lewis	11 Bridgend Cty	1:38.82
45.33	53.49	

Event 53 Boys 11 Year Olds 100 SC Meter Butterfly

Championship: 1:10.83 R 07/02/2017 Tristyn James

Name	AgeTeam	Prelim Time
Preliminaries		
1 Parsons, Joseph	11 Co Cardiff	1:17.71
36.37	41.34	
2 James, Ioan	11 Bridgend Cty	1:24.22
38.15	46.07	
3 Morgan, Lewis	11 Bridgend Cty	1:40.61
44.99	55.62	

Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Championship: 1:14.40 R 07/02/2017 Ben Merriman

Name	AgeTeam	Finals Time
Finals		
1 James, Tristyn	12 Bridgend Cty	1:09.20R
31.48	37.72	
2 Major, Sebastian	12 Co Newport	1:16.23
36.19	40.04	
3 Fowler, Joseph	12 Rct Squad	1:18.56
35.99	42.57	
4 Lee, Ethan	12 Rhondda	1:22.80
37.68	45.12	
5 Rees-Jones, Jack	12 Merthyr Tydf	1:29.69
43.75	45.94	
--- Barnett, Jacob	12 Co Cardiff	DQ
8.4 Did not touch at turn or finish with both hands or touch not simultaneous		
39.94	51.45	

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Event 53 Boys 12 Year Olds 100 SC Meter Butterfly

Championship: 1:14.40 R 07/02/2017 Ben Merriman

Name	Age	Team	Prelim Time
Preliminaries			
1 James, Tristyn	12	Bridgend Cty	1:08.69R
	31.98	36.71	
2 Major, Sebastian	12	Co Newport	1:17.08
	36.29	40.79	
3 Fowler, Joseph	12	Rct Squad	1:19.59
	37.11	42.48	
4 Lee, Ethan	12	Rhondda	1:22.21
	38.02	44.19	
5 Barnett, Jacob	12	Co Cardiff	1:29.24
	38.19	51.05	
6 Rees-Jones, Jack	12	Merthyr Tydf	1:29.63
	41.30	48.33	

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Championship: 1:08.78 R 07/02/2017 Cai Wardhaugh

Name	Age	Team	Finals Time
Finals			
1 Arch, Rhydian	13	Co Cardiff	1:07.71R
	32.25	35.46	
2 Merriman, Ben	13	Heads Valley	1:09.32
	32.42	36.90	
3 Hughes, Cian	13	Co Cardiff	1:10.50
	33.05	37.45	
4 Price, Samuel	13	Co Cardiff	1:12.82
	34.02	38.80	
5 Davies, Gruffydd	13	Co Cardiff	1:12.91
	34.15	38.76	
6 McCarthy, Samuel	13	Co Cardiff	1:13.44
	34.06	39.38	
7 James, Harley	13	Co Cardiff	1:13.73
	34.32	39.41	
8 Sellick, Evan	13	Cwmbran	1:13.84
	33.47	40.37	

Event 53 Boys 13 Year Olds 100 SC Meter Butterfly

Championship: 1:08.78 R 07/02/2017 Cai Wardhaugh

Name	Age	Team	Prelim Time
Preliminaries			
1 Arch, Rhydian	13	Co Cardiff	1:08.39R
	31.90	36.49	
2 Merriman, Ben	13	Heads Valley	1:10.96
	33.41	37.55	
3 Hughes, Cian	13	Co Cardiff	1:11.17
	33.21	37.96	
4 McCarthy, Samuel	13	Co Cardiff	1:12.57
	34.34	38.23	
5 Price, Samuel	13	Co Cardiff	1:12.79
	33.89	38.90	
6 Davies, Gruffydd	13	Co Cardiff	1:13.05
	34.58	38.47	
7 Sellick, Evan	13	Cwmbran	1:14.20
	34.01	40.19	

8 James, Harley	13	Co Cardiff	1:14.27
	34.76	39.51	
9 Geysen-Holley, Max	13	Bridgend Cty	1:17.23
	35.84	41.39	
10 Davies, Gianni	13	Co Newport	1:27.89
	38.11	49.78	

Event 54 Boys 14 Year Olds 400 SC Meter IM

Championship: 4:49.31 R 02/02/2016 Ioan Evans

Name	Age	Team	Finals Time
1 Edwards, Kaden	14	Co Cardiff	4:58.14
	31.45	36.46	38.19 36.79
	42.51	43.56	34.97 34.21
2 Wisden, Dylan	14	Bridgend Cty	5:26.88
	32.86	38.79	40.59 39.72
	50.05	49.25	38.66 36.96
3 Hastings, Benjamin	14	Co Newport	5:42.47
	34.33	40.58	44.02 43.55
	50.25	50.40	40.50 38.84

Event 54 Boys 15-16 400 SC Meter IM

Championship: 4:38.16 R 07/02/2017 Ioan Evans

Name	Age	Team	Finals Time
1 Young, Ellis	15	Co Cardiff	5:10.17
	32.36	38.93	41.72 39.51
	43.18	44.10	36.38 33.99
2 Collins, Tyler	15	Rct Squad	5:18.37
	33.11	40.31	39.16 38.09
	47.73	49.06	37.71 33.20
--- Thomas, Callum	15	Co Cardiff	DQ
9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM			
	35.93	45.29	43.84 42.49
	56.65	55.00	39.11 39.16

Event 55 Girls 14 Year Olds 400 SC Meter Freestyle

Championship: 4:33.02 R 07/02/2017 Morgana Moretti

Name	Age	Team	Finals Time
1 Lovell, Madison	14	Heads Valley	4:35.05
	31.45	33.95	34.83 35.32
	34.76	34.77	35.65 34.32
2 O'Callaghan, Jennifer	14	Co Cardiff	4:42.08
	32.18	34.87	35.75 36.17
	35.82	36.15	36.26 34.88
3 Girling, Grace	14	Co Cardiff	4:49.11
	32.36	35.11	36.41 36.71
	37.01	37.56	37.89 36.06
4 Bamborough, Katie	14	Co Cardiff	4:49.14
	33.18	36.06	36.94 36.93
	36.55	36.65	37.52 35.31
5 Smith, Mia	14	Torfaen D	4:54.03
	32.93	36.16	37.12 37.65
	37.82	38.27	38.53 35.55
6 Ward, Ellie	14	Co Newport	4:55.36
	33.48	36.90	38.34 38.61
	37.65	37.85	37.01 35.52
7 Evans, Emma	14	Co Cardiff	5:00.15
	34.20	37.87	38.61 39.07
	38.82	38.30	37.39 35.89

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(Event 55 Girls 14 Year Olds 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
8 Hurcombe, Eve	14	Torfaen D	5:00.59	
			34.09	37.92
			38.91	38.24
			38.69	39.30
			37.95	35.49
9 Marchant, Rhiannon	14	Rct Squad	5:04.46	
			33.63	37.71
			38.42	38.85
			38.80	39.22
			39.42	38.41
10 Bond, Sasha	14	Rct Squad	5:04.99	
			32.89	37.01
			38.55	39.27
			39.25	39.70
			39.80	38.52
11 Corderoy, Abigail	14	Rct Squad	5:09.66	
			32.42	36.58
			39.15	39.20
			39.70	39.21
			40.69	42.71
12 George, Katherine	14	Co Cardiff	5:09.84	
			33.47	37.24
			38.83	39.49
			39.97	40.31
			40.41	40.12
13 Morgan, Bethan	14	Bridgend Cty	5:11.56	
			35.39	39.92
			39.51	39.37
			39.64	39.04
			39.56	39.13
14 Thomas, Nell	14	Rct Squad	5:13.33	
			33.58	37.93
			38.90	39.58
			39.95	40.72
			40.70	41.97
15 Stork, Niamh	14	Co Cardiff	5:15.14	
			35.53	39.71
			40.28	40.54
			40.11	40.60
			40.69	37.68
16 Hembrow, Courtney	14	Bridgend Cty	5:18.18	
			37.07	40.04
			39.54	40.87
			40.85	41.50
			39.16	39.15
17 Davies, Tegan	14	Bridgend Cty	5:21.08	
			36.55	41.07
			40.76	40.42
			41.08	40.90
			40.62	39.68
18 Leconte, Seren	14	Rct Squad	5:43.90	
			37.77	41.75
			42.98	44.11
			44.62	45.40
			44.56	42.71

Event 55 Girls 15-16 400 SC Meter Freestyle

Championship: 4:29.92 R 02/02/2016 Morgan Harvey

Name	Age	Team	Finals Time	
1 Morris, Elen	16	Co Cardiff	4:40.56	
			32.20	34.14
			34.88	35.21
			36.07	36.21
			36.66	35.19
2 Arch, Mared	16	Co Cardiff	4:41.78	
			32.15	34.82
			35.49	35.93
			36.06	36.07
			35.95	35.31
3 Cottrell, Emma	15	Co Cardiff	4:42.76	
			31.78	35.60
			35.90	36.18
			35.83	35.88
			36.53	35.06
4 Rutter, Jessica	16	Co Cardiff	4:43.90	
			32.56	35.50
			36.28	36.14
			36.48	36.36
			36.26	34.32
5 Davidson, Hannah	15	Bridgend Cty	4:44.33	
			32.77	36.79
			35.71	36.00
			35.44	36.19
			36.04	35.39
6 Snow, Sophie	16	Co Cardiff	4:44.71	
			32.24	35.28
			36.23	36.36
			36.49	36.37
			36.56	35.18

7 Rees, Millie	16	Bridgend Cty	4:49.19	
			32.55	36.65
			36.35	36.79
			36.73	36.35
			37.01	36.76
8 Thomas, Anya	16	Co Cardiff	4:56.71	
			34.00	36.94
			37.57	38.03
			37.89	38.07
			37.97	36.24
9 Watkins, Sadie	15	Rct Squad	5:00.38	
			34.70	38.23
			38.94	38.41
			38.29	38.03
			38.37	35.41
10 Davies, Lois	15	Bridgend Cty	5:04.56	
			33.81	37.25
			38.34	38.59
			39.16	38.71
			39.91	38.79
11 Walters, Aisha	16	Merthyr Tydf	5:07.35	
			34.16	38.01
			38.78	38.74
			39.01	39.27
			39.99	39.39
12 Cox, Emily	15	Bridgend Cty	5:09.79	
			34.96	38.71
			39.82	40.24
			39.66	40.16
			39.45	36.79
13 Lewis, Helen	16	Merthyr Tydf	5:10.41	
			34.63	38.27
			39.15	39.59
			39.56	39.87
			40.04	39.30
14 Freegard, Aimee	16	Rct Squad	5:12.97	
			34.16	37.86
			38.62	40.00
			40.31	39.40
			40.25	42.37
15 Legg, Abbie	16	Caerphilly	5:20.50	
			33.76	38.18
			40.41	41.68
			41.82	42.01
			41.33	41.31
16 Nicholas, Catrin	15	Bridgend Cty	5:20.85	
			36.58	41.25
			40.40	40.68
			40.90	41.41
			40.36	39.27
17 Harris-Thomas, Elle	16	Torfaen D	5:22.15	
			36.44	40.05
			41.12	41.36
			41.72	40.90
			41.63	38.93
18 Jones, Cerys	15	Co Cardiff	5:30.20	
			36.38	41.34
			42.22	42.87
			42.81	43.06
			42.23	39.29
19 Davies, Gwenllian	15	Caerphilly	5:30.41	
			35.19	40.60
			42.01	42.74
			43.26	43.94
			43.46	39.21

Event 55 Girls 17 & Over 400 SC Meter Freestyle

Championship: 4:21.55 R 07/02/2017 Annaliese Beynon

Name	Age	Team	Finals Time	
1 Beynon, Annaliese	18	Co Cardiff	4:22.06	
			29.63	32.43
			33.39	33.61
			33.50	33.64
			33.44	32.42
2 Warrender, Meggan	17	Torfaen D	4:30.64	
			30.96	33.74
			33.71	34.12
			33.84	34.99
			35.09	34.19
3 Watson, Freya	17	Heads Valley	4:33.55	
			31.30	34.40
			34.77	35.09
			34.67	35.16
			34.86	33.30
4 Nelson, Bethan	17	Merthyr Tydf	4:41.03	
			31.71	34.98
			35.39	35.75
			36.11	36.20
			36.60	34.29
5 Jenkins, Hannah	18	Bridgend Cty	4:46.48	
			31.96	34.90
			36.05	36.51
			36.76	36.94
			36.90	36.46

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(Event 55 Girls 17 & Over 400 SC Meter Freestyle)

Name	Age	Team	Finals Time
6 Collingbourne, Sioned	18	Heads Valley	4:48.72
	32.21	35.35	35.90 36.39
	37.12	37.29	37.38 37.08
7 Maiden, Mya	17	Bridgend Cty	4:54.50
	32.10	36.25	37.41 37.74
	37.81	38.50	38.05 36.64
8 Randell, Niamh	17	Rct Squad	4:54.78
	34.62	37.34	37.75 37.79
	37.13	36.98	37.42 35.75
9 Matthews, Brody	20	Abertillery	5:01.11
	31.32	34.22	36.40 37.08
	43.16	39.67	40.17 39.09
10 Davies, Katie-May	17	Merthyr Tydf	5:20.97
	34.85	39.25	40.83 40.92
	42.38	40.79	41.55 40.40

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Championship: 1:05.53 R 02/02/2016 Arwen Stephens

Name	Age	Team	Finals Time
Finals			
1 Millar, Connie	11	Co Cardiff	1:07.10
	32.20	34.90	
2 Croke, Carys	11	Torfaen D	1:08.98
	32.88	36.10	
3 Fox, Honor	11	Co Cardiff	1:10.45
	35.12	35.33	
4 Salmon, Gwen	11	Rct Squad	1:12.33
	34.10	38.23	
5 Coleman, Harriet	11	Torfaen D	1:18.26
	38.36	39.90	
6 Elias, Anya	11	Co Cardiff	1:18.58
	37.20	41.38	
7 Edwards, Nanci	11	Monnow	1:20.08
	37.75	42.33	
--- Ward, Poppy	11	Caerphilly	DQ
	4.4 Start before starting signal		
	36.20	41.38	

Event 56 Girls 11 Year Olds 100 SC Meter Freestyle

Championship: 1:05.53 R 02/02/2016 Arwen Stephens

Name	Age	Team	Prelim Time
Preliminaries			
1 Millar, Connie	11	Co Cardiff	1:08.37
	33.10	35.27	
2 Croke, Carys	11	Torfaen D	1:08.61
	32.81	35.80	
3 Fox, Honor	11	Co Cardiff	1:09.71
	34.19	35.52	
4 Salmon, Gwen	11	Rct Squad	1:12.53
	34.47	38.06	
5 Ward, Poppy	11	Caerphilly	1:17.69
	36.78	40.91	
6 Elias, Anya	11	Co Cardiff	1:18.41
	37.56	40.85	
7 Edwards, Nanci	11	Monnow	1:20.03
	38.45	41.58	

8 Coleman, Harriet	11	Torfaen D	1:20.79
	37.49	43.30	
9 Phillips, Ruby	11	Co Cardiff	1:23.01
	40.14	42.87	
10 Williams, Beth	11	Brecon	1:23.28
	38.77	44.51	
11 Davis, Freya	11	Rct Squad	1:23.35
	39.60	43.75	
12 Briggs, Bailey	11	Heads Valley	1:23.40
	40.09	43.31	
13 Evans, Lili	11	Co Newport	1:24.35
	40.54	43.81	
14 Jones, Lillie	11	Co Cardiff	1:24.56
	40.54	44.02	
15 Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	1:25.64
	39.63	46.01	
16 Thomas, Holly	11	Bridgend Cty	1:26.79
	41.62	45.17	
17 Evans, Mari	11	Rct Squad	1:27.61
	43.00	44.61	
18 Keigwin, Poppy	11	Caerphilly	1:29.08
	42.97	46.11	
19 Thompson, Francesca	11	Brecon	1:33.10
	43.22	49.88	
--- Davies, Niamh	11	Co Cardiff	DQ
	4.4 Start before starting signal		
	37.84	42.06	

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Championship: 1:02.28 R 02/02/2016 Becci De Torres

Name	Age	Team	Finals Time
Finals			
1 Chayka, Sofia	12	Bridgend Cty	1:05.33
	31.69	33.64	
2 Broder, Libby	12	Torfaen D	1:05.41
	31.51	33.90	
3 Williams-Jones, Phoebe	12	Co Cardiff	1:08.05
	32.85	35.20	
4 Velasco, Mikayla	12	Co Cardiff	1:09.38
	33.13	36.25	
5 Johnsey, Lily	12	Co Cardiff	1:11.01
	34.17	36.84	
6 Blake, Ffion	12	Co Cardiff	1:11.26
	33.47	37.79	
7 Davies, Ffion	12	Rct Squad	1:11.35
	33.61	37.74	
8 Davies, Cerys	12	Rct Squad	1:13.16
	35.16	38.00	

Event 56 Girls 12 Year Olds 100 SC Meter Freestyle

Championship: 1:02.28 R 02/02/2016 Becci De Torres

Name	Age	Team	Prelim Time
Preliminaries			
1 Broder, Libby	12	Torfaen D	1:05.95
	31.41	34.54	
2 Chayka, Sofia	12	Bridgend Cty	1:06.04
	32.05	33.99	

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Preliminaries ... (Event 56 Girls 12 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
3 Williams-Jones, Phoebe	12	Co Cardiff	1:08.26
	33.06	35.20	
4 Johnsey, Lily	12	Co Cardiff	1:09.73
	34.31	35.42	
5 Velasco, Mikayla	12	Co Cardiff	1:09.98
	33.46	36.52	
6 Davies, Ffion	12	Rct Squad	1:10.36
	33.38	36.98	
*7 Blake, Ffion	12	Co Cardiff	1:12.05
	34.78	37.27	
*7 Davies, Cerys	12	Rct Squad	1:12.05
	34.79	37.26	
9 Williams, Lily	12	Co Cardiff	1:13.57
	35.53	38.04	
10 Griffiths-Cole, Carys	12	Bridgend Cty	1:13.72
	34.81	38.91	
11 Adams, Jaimee	12	Co Cardiff	1:14.80
	35.82	38.98	
12 Gronow, Mia	12	Bridgend Cty	1:15.25
	36.01	39.24	
13 Parsons, Ellie	12	Chepstow	1:17.28
	35.62	41.66	
14 Jones, Jessica	12	Caerphilly	1:18.95
	37.84	41.11	
15 Williams, Mali	12	Rct Squad	1:19.54
	36.74	42.80	
16 Holmes, Bethan	12	Co Newport	1:20.07
	36.43	43.64	
17 Beach, Dion	12	Rhondda	1:20.47
	37.23	43.24	
18 Manley, Olivia	12	Co Cardiff	1:20.68
	37.07	43.61	
19 Coombes, Emmie	12	Rct Squad	1:21.86
	38.18	43.68	
--- Edwards, Georgina	12	Abertillery	DNF

Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Championship: 59.85 R 07/02/2017 Becci De Torres

Name	Age	Team	Finals Time
1 Joseph, Isabel	13	Co Cardiff	1:01.91
	30.34	31.57	
2 Rosser, Cerys	13	Torfaen D	1:02.03
	30.12	31.91	
3 Stephens, Arwen	13	Co Cardiff	1:03.57
	31.41	32.16	
4 Stride, Tamzin	13	Torfaen D	1:03.72
	30.92	32.80	
5 Erasmus, Charlotte	13	Torfaen D	1:04.23
	31.44	32.79	
6 Fox, Imo	13	Co Cardiff	1:04.31
	31.11	33.20	
7 Davies, Abi	13	Bridgend Cty	1:04.42
	31.46	32.96	

8 Donovan, Kelsey	13	Co Cardiff	1:04.89
	31.38	33.51	

Event 56 Girls 13 Year Olds 100 SC Meter Freestyle

Championship: 59.85 R 07/02/2017 Becci De Torres

Name	Age	Team	Prelim Time
Preliminaries			
1 Joseph, Isabel	13	Co Cardiff	1:02.69
	30.31	32.38	
2 Rosser, Cerys	13	Torfaen D	1:03.03
	30.22	32.81	
3 Stride, Tamzin	13	Torfaen D	1:03.30
	29.84	33.46	
4 Erasmus, Charlotte	13	Torfaen D	1:04.04
	31.36	32.68	
5 Fox, Imo	13	Co Cardiff	1:04.05
	31.19	32.86	
6 Davies, Abi	13	Bridgend Cty	1:04.17
	31.44	32.73	
7 Stephens, Arwen	13	Co Cardiff	1:04.54
	31.19	33.35	
8 Donovan, Kelsey	13	Co Cardiff	1:04.88
	31.81	33.07	
9 Graville, Carys	13	Co Cardiff	1:04.90
	30.96	33.94	
10 Stevens, Isobel	13	Co Newport	1:05.86
	31.55	34.31	
11 Clayton, Karys	13	Torfaen D	1:05.87
	31.43	34.44	
12 Davies-Amos, Angelica	13	Bridgend Cty	1:06.97
	31.65	35.32	
13 Hickman, Eve	13	Bridgend Cty	1:07.16
	32.28	34.88	
14 Jones, Cerys	13	Rct Squad	1:07.78
	32.97	34.81	
15 Marshall, Polly	13	Caerphilly	1:08.16
	33.17	34.99	
16 Crowley, Amy	13	Co Cardiff	1:08.19
	33.44	34.75	
17 Bowen, Eve	13	Co Newport	1:08.63
	32.77	35.86	
18 Morgan, Hannah	13	Co Cardiff	1:08.90
	33.19	35.71	
19 Legg, Caitlin	13	Caerphilly	1:09.40
	33.38	36.02	
20 Faulkner, Marie	13	Co Cardiff	1:09.41
	33.42	35.99	
21 Preece, Katie	13	Co Newport	1:09.55
	33.15	36.40	
22 O'Callaghan, Faye	13	Co Cardiff	1:09.60
	33.53	36.07	
23 Jones, Chloe	13	Bridgend Cty	1:09.64
	33.30	36.34	
24 Reed, Shauna	13	Torfaen D	1:10.21
	33.83	36.38	
*25 Grant, Eilidh	13	Co Cardiff	1:10.64
	34.04	36.60	

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Preliminaries ... (Event 56 Girls 13 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
*25 Maude, Rose	13	Co Cardiff	1:10.64
34.16	36.48		
27 Price, Summer	13	Heads Valley	1:10.68
33.76	36.92		
28 Jones, Emilia	13	Bridgend Cty	1:11.06
35.04	36.02		
29 Nowell, Gabriella	13	Torfaen D	1:11.33
33.15	38.18		
30 Simmons, Beth	13	Co Newport	1:11.49
34.39	37.10		
31 Harris, Sophie	13	Co Newport	1:11.54
34.93	36.61		
32 Ramsey, Rebekah	13	Heads Valley	1:11.58
33.72	37.86		
33 Keigwin, Daisy	13	Caerphilly	1:11.93
35.11	36.82		
34 Wood-Jones, Seren	13	Rhondda	1:12.35
34.92	37.43		
35 Rose, Freya	13	Co Newport	1:12.65
34.32	38.33		
36 Brind, Jessica	13	Co Cardiff	1:13.42
35.66	37.76		
37 Sargent, Elana	13	Caerphilly	1:14.35
35.34	39.01		
38 James, Ffion	13	Rct Squad	1:14.68
35.14	39.54		
39 Reynolds, Mia	13	Heads Valley	1:15.03
35.88	39.15		
40 Collins, Rebecca	13	Co Cardiff	1:16.45
37.12	39.33		
41 Hamer, Charlotte	13	Torfaen D	1:16.70
36.68	40.02		
42 Moodley, Bethan	13	Rct Squad	1:18.26
37.65	40.61		
43 Powell, Kacey	13	Caerphilly	1:19.68
38.07	41.61		
44 Osmond, Frances	13	Brecon	1:22.19
39.92	42.27		

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Championship: 37.88 R 07/02/2017 Tristyn James

Name	Age	Team	Finals Time
1 Leach, Evan	11	Bridgend Cty	42.80
2 James, Ioan	11	Bridgend Cty	43.15
3 Sheppard, Rhydian	11	Co Cardiff	43.45
4 Preece, Toby	11	Co Newport	44.29
5 Rescigno, Alberto	11	Co Cardiff	44.78
6 Southwood, Charlie	11	Torfaen D	51.62

Event 57 Boys 11 Year Olds 50 SC Meter Breaststroke

Championship: 37.88 R 07/02/2017 Tristyn James

Name	Age	Team	Prelim Time
1 Leach, Evan	11	Bridgend Cty	43.39
2 James, Ioan	11	Bridgend Cty	43.51

3 Sheppard, Rhydian	11	Co Cardiff	44.34
4 Preece, Toby	11	Co Newport	44.50
5 Rescigno, Alberto	11	Co Cardiff	46.22
6 Southwood, Charlie	11	Torfaen D	51.46

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Championship: 41.47 R 07/02/2017 Rhydian Arch

Name	Age	Team	Finals Time
1 James, Tristyn	12	Bridgend Cty	34.84R
2 Jones, Carwyn	12	Co Cardiff	35.90R
3 Lee, Tristan	12	Rhondda	40.21R
4 Fowler, Joseph	12	Rct Squad	42.78
5 Major, Sebastian	12	Co Newport	43.80
6 Lawson, Reuben	12	Chepstow	44.46
7 Lee, Ethan	12	Rhondda	44.58
--- Stones, Morgan	12	Chepstow	DQ
4.4 Start before starting signal			

Event 57 Boys 12 Year Olds 50 SC Meter Breaststroke

Championship: 41.47 R 07/02/2017 Rhydian Arch

Name	Age	Team	Prelim Time
1 Jones, Carwyn	12	Co Cardiff	36.35R
2 James, Tristyn	12	Bridgend Cty	36.86R
3 Lee, Tristan	12	Rhondda	40.55R
4 Fowler, Joseph	12	Rct Squad	43.25
5 Major, Sebastian	12	Co Newport	43.64
6 Lee, Ethan	12	Rhondda	44.18
7 Stones, Morgan	12	Chepstow	44.43
8 Lawson, Reuben	12	Chepstow	44.89
9 Jones, Tyler	12	Rhondda	46.13
10 McGuinness, Charlie	12	Torfaen D	46.83
11 Wardhaugh, Bryn	12	Co Cardiff	47.43
12 Rees-Jones, Jack	12	Merthyr Tydf	47.86
13 John, Finlay	12	Rct Squad	48.30

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Championship: 37.86 R 01/02/2016 Carwyn Salmon

Name	Age	Team	Finals Time
1 Arch, Rhydian	13	Co Cardiff	37.10R
2 Sellick, Evan	13	Cwmbran	38.28
3 Fox-Wiltshire, Benjamin	13	Co Newport	38.39
4 Geysen-Holley, Max	13	Bridgend Cty	38.48
5 James, Harley	13	Co Cardiff	39.44
6 Pursey, Michael	13	Heads Valley	39.89
7 Davies, Gianni	13	Co Newport	40.08
8 McCarthy, Samuel	13	Co Cardiff	40.37

Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke

Championship: 37.86 R 01/02/2016 Carwyn Salmon

Name	Age	Team	Prelim Time
1 Arch, Rhydian	13	Co Cardiff	37.58R
2 Fox-Wiltshire, Benjamin	13	Co Newport	37.60R
3 Geysen-Holley, Max	13	Bridgend Cty	38.87
4 Sellick, Evan	13	Cwmbran	39.18

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Preliminaries ... (Event 57 Boys 13 Year Olds 50 SC Meter Breaststroke)

Name	Age	Team	Prelim Time
5 Pursey, Michael	13	Heads Valley	40.19
6 McCarthy, Samuel	13	Co Cardiff	40.33
7 Davies, Gianni	13	Co Newport	40.37
8 James, Harley	13	Co Cardiff	40.38
9 Rees, Garyn	13	Rhondda	42.45
10 Keenan, Brandon	13	Co Newport	42.62
11 Jones, Calum	13	Rhondda	42.65
12 Davies, Gruffydd	13	Co Cardiff	42.89
13 Burns, Harry	13	Co Cardiff	44.28
14 Rosser, Dewi	13	Torfaen D	44.33
--- O'Brien, Joshua	13	Co Cardiff	DQ

7.4 Leg movements not on the same plane

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Championship: 35.03 R 02/02/2016 Arwen Stephens

Name	Age	Team	Finals Time
1 Millar, Connie	11	Co Cardiff	34.83R
2 Fox, Honor	11	Co Cardiff	35.11
3 Salmon, Gwen	11	Rct Squad	37.21
4 Edwards, Nanci	11	Monnow	41.70
5 Barr, Angharad	11	Caerphilly	42.19
6 Coleman, Harriet	11	Torfaen D	42.43
7 Williams, Beth	11	Brecon	42.56
8 Jones, Lillie	11	Co Cardiff	43.08

Event 58 Girls 11 Year Olds 50 SC Meter Backstroke

Championship: 35.03 R 02/02/2016 Arwen Stephens

Name	Age	Team	Prelim Time
1 Millar, Connie	11	Co Cardiff	35.58
2 Fox, Honor	11	Co Cardiff	35.76
3 Salmon, Gwen	11	Rct Squad	38.61
4 Edwards, Nanci	11	Monnow	41.54
5 Coleman, Harriet	11	Torfaen D	42.16
*6 Williams, Beth	11	Brecon	42.51
*6 Barr, Angharad	11	Caerphilly	42.51
8 Jones, Lillie	11	Co Cardiff	43.18
9 Briggs, Bailey	11	Heads Valley	43.56
10 Phillips, Ruby	11	Co Cardiff	44.06
11 Ward, Poppy	11	Caerphilly	44.09
12 Thompson, Francesca	11	Brecon	44.82
13 Evans, Mari	11	Rct Squad	45.07
14 Thomas, Holly	11	Bridgend Cty	45.42
15 Evans, Lili	11	Co Newport	46.40

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Championship: 33.66 R 02/02/2016 Becci De Torres

Name	Age	Team	Finals Time
1 Davies, Cerys	12	Rct Squad	36.29
2 Iles, Georgia	12	Co Cardiff	36.98
3 Velasco, Mikayla	12	Co Cardiff	37.37
4 Williams, Lily	12	Co Cardiff	37.43
5 Badman, Phoebe	12	Rct Squad	37.67

6 Chayka, Sofia	12	Bridgend Cty	37.74
7 Parsons, Ellie	12	Chepstow	38.20
8 Griffiths-Cole, Carys	12	Bridgend Cty	38.47

Event 58 Girls 12 Year Olds 50 SC Meter Backstroke

Championship: 33.66 R 02/02/2016 Becci De Torres

Name	Age	Team	Prelim Time
1 Davies, Cerys	12	Rct Squad	37.53
2 Iles, Georgia	12	Co Cardiff	37.60
3 Badman, Phoebe	12	Rct Squad	38.36
4 Williams, Lily	12	Co Cardiff	38.41
5 Parsons, Ellie	12	Chepstow	38.67
6 Chayka, Sofia	12	Bridgend Cty	38.79
7 Griffiths-Cole, Carys	12	Bridgend Cty	38.83
8 Velasco, Mikayla	12	Co Cardiff	38.85
9 Blake, Ffion	12	Co Cardiff	38.98
10 Holmes, Bethan	12	Co Newport	39.21
11 Edwards, Georgina	12	Abertillery	39.34
12 Bound, Caitlin	12	Heads Valley	39.47
13 Johnsey, Lily	12	Co Cardiff	39.58
14 Gronow, Mia	12	Bridgend Cty	39.98
15 Williams, Mali	12	Rct Squad	40.45
16 Davies, Ffion	12	Rct Squad	40.61
17 Jones, Ellie	12	Heads Valley	40.82
18 Woods, Ella-Rae	12	Heads Valley	41.31
19 Beach, Dion	12	Rhondda	41.53
20 White, Seren	12	Rct Squad	41.78
21 Wilkes-Hibbert, Amelia	12	Caerphilly	41.97
22 Durbin, Isabella	12	Merthyr Tydf	45.42
--- Adams, Jaimee	12	Co Cardiff	DQ

6.4 More than one single or double simultaneous arm pull used to initiate the

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Championship: 32.01 R 07/02/2017 Becci De Torres

Name	Age	Team	Finals Time
1 Stride, Tamzin	13	Torfaen D	32.93
2 Stephens, Arwen	13	Co Cardiff	33.11
3 Joseph, Isabel	13	Co Cardiff	33.64
4 Donovan, Kelsey	13	Co Cardiff	33.88
5 Clayton, Karys	13	Torfaen D	34.77
6 Morgan, Hannah	13	Co Cardiff	35.52
7 Legg, Caitlin	13	Caerphilly	35.84
8 Walker, Eleanor	13	Co Newport	36.10

Event 58 Girls 13 Year Olds 50 SC Meter Backstroke

Championship: 32.01 R 07/02/2017 Becci De Torres

Name	Age	Team	Prelim Time
1 Stephens, Arwen	13	Co Cardiff	32.71
2 Stride, Tamzin	13	Torfaen D	33.02
3 Joseph, Isabel	13	Co Cardiff	33.62
4 Donovan, Kelsey	13	Co Cardiff	34.67
5 Clayton, Karys	13	Torfaen D	34.76
6 Morgan, Hannah	13	Co Cardiff	35.94
*7 Legg, Caitlin	13	Caerphilly	36.12

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Preliminaries ... (Event 58 Girls 13 Year Olds 50 SC Meter Backstroke)

Name	Age	Team	Prelim Time
*7 Walker, Eleanor	13	Co Newport	36.12
*9 Fox, Imo	13	Co Cardiff	36.17
*9 Graville, Carys	13	Co Cardiff	36.17

Swim-Off Required

11 Davies, Abi	13	Bridgend Cty	36.35
12 Nowell, Gabriella	13	Torfaen D	36.70
13 Harris, Sophie	13	Co Newport	36.94
14 Preece, Katie	13	Co Newport	37.01
15 Maude, Rose	13	Co Cardiff	37.11
16 Reed, Shauna	13	Torfaen D	37.15
17 Jones, Cerys	13	Rct Squad	37.27
18 O'Callaghan, Faye	13	Co Cardiff	37.68
19 Faulkner, Marie	13	Co Cardiff	37.78
20 Price, Summer	13	Heads Valley	38.35
21 Keigwin, Daisy	13	Caerphilly	38.78
*22 James, Pfion	13	Rct Squad	39.46
*22 Crowley, Amy	13	Co Cardiff	39.46
*24 Bigham, Lily	13	Co Newport	39.83
*24 Brind, Jessica	13	Co Cardiff	39.83
26 Rose, Freya	13	Co Newport	40.18
27 Collins, Rebecca	13	Co Cardiff	43.38
28 Wood-Jones, Seren	13	Rhondda	45.20
29 Osmond, Frances	13	Brecon	45.27

Event 59 Boys 14 Year Olds 100 SC Meter Freestyle

Championship: 55.76 R 02/02/2016 Kameron Clarke

Name	Age	Team	Finals Time
Finals			
1 Edwards, Kaden	14	Co Cardiff	58.31
	28.52	29.79	
2 Wisden, Dylan	14	Bridgend Cty	1:00.86
	29.48	31.38	
3 Tong, Solomon	14	Co Cardiff	1:01.29
	29.94	31.35	
4 Allen-Ridge, Kasey	14	Abertillery	1:01.44
	29.98	31.46	
5 Edwards, Nathaniel	14	Torfaen D	1:05.30
	30.99	34.31	
6 Elias, Hari	14	Co Cardiff	1:06.21
	31.60	34.61	
7 Hastings, Benjamin	14	Co Newport	1:07.00
	32.21	34.79	
8 Jones, Jacob	14	Rhondda	1:07.20
	32.86	34.34	

Event 59 Boys 14 Year Olds 100 SC Meter Freestyle

Championship: 55.76 R 02/02/2016 Kameron Clarke

Name	Age	Team	Prelim Time
Preliminaries			
1 Edwards, Kaden	14	Co Cardiff	58.98
	28.90	30.08	
2 Wisden, Dylan	14	Bridgend Cty	1:00.80
	29.32	31.48	
3 Tong, Solomon	14	Co Cardiff	1:01.24
	29.47	31.77	

4 Allen-Ridge, Kasey	14	Abertillery	1:01.57
	29.57	32.00	
5 Elias, Hari	14	Co Cardiff	1:05.58
	31.39	34.19	
6 Jones, Jacob	14	Rhondda	1:06.49
	30.88	35.61	
7 Hastings, Benjamin	14	Co Newport	1:06.99
	32.04	34.95	
8 Edwards, Nathaniel	14	Torfaen D	1:07.76
	32.35	35.41	
9 Clement, Logan	14	Rct Squad	1:08.09
	32.23	35.86	
10 Havard, Dylan	14	Heads Valley	1:08.86
	33.03	35.83	
11 Tan, Nicholas	14	Pontypridd	1:09.50
	32.76	36.74	
--- Phillips, Joshua	14	Co Newport	DNF

Event 59 Boys 15-16 100 SC Meter Freestyle

Championship: 53.85 R 07/02/2017 Ioan Evans

Name	Age	Team	Finals Time
Finals			
1 Clarke, Kameron	16	Co Cardiff	52.97R
	26.10	26.87	
2 Griffiths, Alex	15	Co Newport	54.36
	26.04	28.32	
3 Savva, Theo	16	Co Cardiff	55.40
	26.50	28.90	
4 Broom, Dylan	16	Torfaen D	55.66
	26.89	28.77	
5 Chooyin, Benjamin	16	Co Cardiff	55.73
	26.73	29.00	
6 Garland, Kieran	16	Rct Squad	56.00
	27.33	28.67	
7 Davies, Joseph	16	Torfaen D	57.13
	27.54	29.59	
8 Murray, Adam	15	Co Cardiff	57.46
	27.84	29.62	

Event 59 Boys 15-16 100 SC Meter Freestyle

Championship: 53.85 R 07/02/2017 Ioan Evans

Name	Age	Team	Prelim Time
Preliminaries			
1 Clarke, Kameron	16	Co Cardiff	53.19R
	25.89	27.30	
2 Griffiths, Alex	15	Co Newport	54.06
	25.98	28.08	
3 Broom, Dylan	16	Torfaen D	55.71
	26.78	28.93	
4 Savva, Theo	16	Co Cardiff	55.93
	27.02	28.91	
5 Garland, Kieran	16	Rct Squad	56.23
	27.48	28.75	
6 Chooyin, Benjamin	16	Co Cardiff	56.27
	27.04	29.23	
7 Davies, Joseph	16	Torfaen D	57.83
	27.38	30.45	

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Preliminaries ... (Event 59 Boys 15-16 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
8 Murray, Adam	15	Co Cardiff	57.92
	28.01	29.91	
9 Knight, Jack	15	Co Newport	58.03
	27.94	30.09	
10 Gibbs, Morgan	16	Bridgend Cty	58.11
	27.65	30.46	
11 Pycroft, Christian	15	Co Cardiff	59.08
	28.57	30.51	
12 Leach, Owen	15	Bridgend Cty	59.40
	28.83	30.57	
13 Pietruszka, Daniel	15	Co Cardiff	1:00.14
	28.92	31.22	
14 Collins, Tyler	15	Rct Squad	1:00.30
	28.99	31.31	
15 Cousins, Jacob	16	Rct Squad	1:00.55
	28.83	31.72	
16 Selby, Morgan	15	Rct Squad	1:00.61
	28.82	31.79	
17 Steven, Ryan	16	Co Newport	1:00.83
	29.71	31.12	
18 Wojcik, Szymon	16	Bridgend Cty	1:02.13
	29.76	32.37	
19 Jones, Finlay	16	Rhondda	1:03.02
	30.28	32.74	
20 Jenkins, Ellis	16	Rct Squad	1:03.34
	29.75	33.59	
21 Wood-Jones, Jac	15	Rhondda	1:04.08
	30.35	33.73	
22 Williams, Thomas	15	Rhondda	1:04.11
	30.77	33.34	
23 Nixon, Rhys	15	Co Cardiff	1:04.49
	31.53	32.96	
24 Thomas, Callum	15	Co Cardiff	1:04.85
	31.25	33.60	
25 Fernandez-John, Jac	16	Caerphilly	1:04.96
	30.82	34.14	
26 Ashman-Penny, Joshua	15	Brecon	1:05.17
	31.13	34.04	
27 Yahiaoui, Yucuf	16	Co Cardiff	1:05.32
	31.52	33.80	
28 Watson, Gregor	15	Heads Valley	1:08.33
	32.62	35.71	

Event 59 Boys 17 & Over 100 SC Meter Freestyle

Championship: 52.46 R 02/02/2016 Connor Acland

Name	Age	Team	Finals Time
1 Boladz, Andrew	19	Torfaen D	53.65
	25.91	27.74	
2 Jones, Daniel	19	Torfaen D	53.88
	26.23	27.65	
3 Baker, Luke	17	Torfaen D	55.29
	26.75	28.54	
4 James, Rhys	18	Co Cardiff	55.31
	26.90	28.41	

5 Bryce, Aidan	18	Co Newport	55.69
	26.92	28.77	
6 Cook, Jacob	18	Co Cardiff	55.92
	27.02	28.90	
7 Dickson-Jardine, Ben	18	Bridgend Cty	56.62
	27.15	29.47	
8 John, Lewys	18	Rct Squad	56.99
	27.53	29.46	

Event 59 Boys 17 & Over 100 SC Meter Freestyle

Championship: 52.46 R 02/02/2016 Connor Acland

Name	Age	Team	Prelim Time
Preliminaries			
1 Boladz, Andrew	19	Torfaen D	54.08
	26.21	27.87	
2 Jones, Daniel	19	Torfaen D	54.57
	26.46	28.11	
3 James, Rhys	18	Co Cardiff	54.95
	26.86	28.09	
4 Bryce, Aidan	18	Co Newport	55.32
	26.47	28.85	
5 Baker, Luke	17	Torfaen D	55.70
	26.42	29.28	
6 Dickson-Jardine, Ben	18	Bridgend Cty	55.81
	26.65	29.16	
7 Cook, Jacob	18	Co Cardiff	56.50
	27.08	29.42	
8 John, Lewys	18	Rct Squad	57.13
	27.75	29.38	
9 Cook, Owain	18	Bridgend Cty	57.99
	27.37	30.62	
10 Price, Dafydd	18	Torfaen D	58.24
	28.10	30.14	
11 Miles, Will	18	Chepstow	58.27
	28.59	29.68	
12 Rees, Brandon	17	Rhondda	58.36
	28.54	29.82	
13 Thomas, Lewis	18	Rct Squad	58.64
	28.31	30.33	
14 Williams, Elliot	17	Pontypridd	59.26
	28.45	30.81	
15 Pryse, Elis	18	Rct Squad	59.65
	28.75	30.90	
16 Chim, Danny	17	Bridgend Cty	59.81
	28.01	31.80	
17 Hunt, Tobias	17	Bridgend Cty	1:00.07
	28.46	31.61	
18 Mullins, Joshua	18	Merthyr Tydf	1:00.16
	28.42	31.74	
19 Thomas, Joshua	17	Merthyr Tydf	1:04.46
	30.88	33.58	

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Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke

Championship: 1:17.00 R 02/02/2016 Ellise Harris

Name	Age	Team	Finals Time
Finals			
1 O'Callaghan, Jennifer	14	Co Cardiff	1:17.02
	36.47	40.55	
2 Jones, Seren	14	Co Cardiff	1:19.70
	37.21	42.49	
3 Ward, Ellie	14	Co Newport	1:20.39
	37.85	42.54	
4 Morgan, Izzy	14	Co Cardiff	1:20.45
	37.73	42.72	
5 Boswall, Saffron	14	Co Cardiff	1:22.49
	39.16	43.33	
6 Brassington, Isabel	14	Co Cardiff	1:23.33
	39.47	43.86	
7 Dallyn, Isobel	14	Chepstow	1:23.34
	39.50	43.84	
8 Corderoy, Abigail	14	Rct Squad	1:27.37
	40.73	46.64	

Event 60 Girls 14 Year Olds 100 SC Meter Breaststroke

Championship: 1:17.00 R 02/02/2016 Ellise Harris

Name	Age	Team	Prelim Time
Preliminaries			
1 O'Callaghan, Jennifer	14	Co Cardiff	1:16.35R
	35.99	40.36	
2 Jones, Seren	14	Co Cardiff	1:19.90
	38.16	41.74	
3 Ward, Ellie	14	Co Newport	1:20.42
	38.18	42.24	
4 Morgan, Izzy	14	Co Cardiff	1:21.31
	38.54	42.77	
5 Boswall, Saffron	14	Co Cardiff	1:21.97
	39.17	42.80	
6 Dallyn, Isobel	14	Chepstow	1:23.01
	38.99	44.02	
7 Brassington, Isabel	14	Co Cardiff	1:23.20
	39.64	43.56	
8 Corderoy, Abigail	14	Rct Squad	1:27.26
	40.35	46.91	
9 Lovell, Madison	14	Heads Valley	1:28.33
	41.44	46.89	
10 Minas, Ella	14	Rct Squad	1:28.85
	41.71	47.14	
11 Thomas, Nell	14	Rct Squad	1:29.91
	42.56	47.35	
12 Cook, Seren	14	Bridgend Cty	1:29.97
	42.03	47.94	
13 Pryce, Ella	14	Co Cardiff	1:30.98
	43.25	47.73	
14 Hembrow, Courtney	14	Bridgend Cty	1:31.11
	43.90	47.21	
15 Date, Alana	14	Co Cardiff	1:36.10
	45.56	50.54	

Event 60 Girls 15-16 100 SC Meter Breaststroke

Championship: 1:15.24 R 02/02/2016 Catrin John

Name	Age	Team	Finals Time
Finals			
1 McRae, Mair	16	Torfaen D	1:14.23R
	34.78	39.45	
2 Evans, Penny	15	Rct Squad	1:14.44R
	35.09	39.35	
3 Horton, Ellana	16	Co Newport	1:15.85
	35.62	40.23	
4 Miles, Grace	15	Chepstow	1:19.42
	36.77	42.65	
5 Morgan, Sophie	16	Rct Squad	1:20.39
	38.11	42.28	
6 Bryce, Millie	16	Co Cardiff	1:21.79
	38.55	43.24	
7 Witchell, Bethan	15	Co Cardiff	1:23.32
	39.51	43.81	
8 Arch, Mared	16	Co Cardiff	1:23.52
	39.46	44.06	

Event 60 Girls 15-16 100 SC Meter Breaststroke

Championship: 1:15.24 R 02/02/2016 Catrin John

Name	Age	Team	Prelim Time
Preliminaries			
1 McRae, Mair	16	Torfaen D	1:15.44
	35.46	39.98	
2 Evans, Penny	15	Rct Squad	1:15.94
	35.42	40.52	
3 Horton, Ellana	16	Co Newport	1:16.59
	36.24	40.35	
4 Miles, Grace	15	Chepstow	1:18.41
	36.89	41.52	
5 Morgan, Sophie	16	Rct Squad	1:20.08
	37.99	42.09	
6 Bryce, Millie	16	Co Cardiff	1:21.15
	38.33	42.82	
7 Witchell, Bethan	15	Co Cardiff	1:22.20
	39.04	43.16	
8 Arch, Mared	16	Co Cardiff	1:24.12
	39.90	44.22	
9 Davies, Lois	15	Bridgend Cty	1:26.20
	41.36	44.84	
10 Havard, Carys	15	Heads Valley	1:26.92
	41.16	45.76	
11 Walters, Aisha	16	Merthyr Tydf	1:26.95
	40.50	46.45	
12 Collins, Amy	15	Co Cardiff	1:29.08
	42.38	46.70	
13 Lewis, Helen	16	Merthyr Tydf	1:29.16
	42.41	46.75	
14 Jones, AJ	15	Bridgend Cty	1:29.55
	42.85	46.70	
15 Norris, Alyssa	15	Caerphilly	1:29.91
	42.84	47.07	

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Preliminaries ... (Event 60 Girls 15-16 100 SC Meter Breaststroke)

Name	Age	Team	Prelim Time
16 Lord, Gwenllian	16	Co Cardiff	1:30.50
	42.33	48.17	
17 Harris-Thomas, Elle	16	Torfaen D	1:34.55
	44.45	50.10	
18 Meredith, Morgan	16	Rhondda	1:36.68
	45.14	51.54	
--- Vaisey, Cerys	15	Abertillery	DQ
	4.4 Start before starting signal		
	43.62	51.30	

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Championship: 1:13.74 R 07/02/2017 Katie Rees

Name	Age	Team	Finals Time
1 Gorman, Helen	46	Co Cardiff	1:14.96
	35.24	39.72	
2 Nicholas, Megan	18	Bridgend Cty	1:19.72
	37.45	42.27	

Event 60 Girls 17 & Over 100 SC Meter Breaststroke

Championship: 1:13.74 R 07/02/2017 Katie Rees

Name	Age	Team	Prelim Time
1 Gorman, Helen	46	Co Cardiff	1:16.16
	36.06	40.10	
2 Nicholas, Megan	18	Bridgend Cty	1:20.54
	37.95	42.59	

Event 61 Boys 11 Year Olds 400 SC Meter Freestyle

Championship: 4:51.21 R 07/02/2017 Tristyn James

Name	Age	Team	Finals Time
1 James, Ioan	11	Bridgend Cty	5:16.38
	35.89	39.72	39.37 40.23
	40.25	40.89	40.44 39.59
2 Caddy, Alexander	11	Merthyr Tydf	5:45.40
	37.11	42.63	43.83 44.06
	45.39	44.48	44.67 43.23
3 Mruk, Keian	11	Torfaen D	5:49.70
	38.21	43.87	45.75 44.24
	44.99	45.05	46.06 41.53

Event 61 Boys 12 Year Olds 400 SC Meter Freestyle

Championship: 4:50.54 R 07/02/2017 Ben Merriman

Name	Age	Team	Finals Time
1 James, Tristyn	12	Bridgend Cty	4:44.91R
	31.01	35.16	36.56 36.95
	36.08	37.24	36.57 35.34
2 Jones, Carwyn	12	Co Cardiff	5:07.82
	34.08	38.13	39.73 39.39
	39.92	40.33	39.17 37.07
3 Steven, Adam	12	Co Newport	5:09.48
	34.79	39.32	39.99 39.36
	40.01	39.95	39.92 36.14
4 Major, Sebastian	12	Co Newport	5:11.57
	35.89	40.28	40.43 39.70
	39.81	39.85	39.48 36.13

5 Rees-Jones, Jack	12	Merthyr Tydf	5:23.21
	36.31	40.43	40.69 41.59
	41.43	41.90	41.89 38.97
6 Lee, Ethan	12	Rhondda	5:28.14
	36.22	41.29	42.59 42.07
	42.23	42.02	41.64 40.08
7 McGuinness, Charlie	12	Torfaen D	5:34.61
	37.35	43.14	44.31 41.90
	42.77	41.88	42.50 40.76
8 Wardhaugh, Bryn	12	Co Cardiff	5:37.07
	37.91	42.27	42.06 42.62
	43.13	43.19	43.09 42.80
9 John, Finlay	12	Rct Squad	5:45.95
	38.85	42.93	44.02 44.72
	44.59	44.90	44.25 41.69
10 Jones, Tyler	12	Rhondda	5:58.62
	39.33	44.53	45.70 45.37
	47.09	46.02	45.78 44.80

Event 61 Boys 13 Year Olds 400 SC Meter Freestyle

Championship: 4:41.52 R 07/02/2017 Kaden Edwards

Name	Age	Team	Finals Time
1 Merriman, Ben	13	Heads Valley	4:35.87R
	31.07	33.98	35.04 34.98
	35.28	35.60	35.94 33.98
2 Arch, Rhydian	13	Co Cardiff	4:37.36R
	32.57	35.41	35.54 35.57
	34.84	33.92	34.59 34.92
3 Hughes, Cian	13	Co Cardiff	4:37.81R
	32.68	35.20	35.51 36.05
	35.10	35.66	34.82 32.79
4 O'Brien, Joshua	13	Co Cardiff	4:39.96R
	30.86	34.19	35.27 35.87
	36.31	35.83	36.28 35.35
5 McCarthy, Samuel	13	Co Cardiff	4:51.51
	33.40	37.20	37.23 37.31
	36.44	38.14	36.42 35.37
6 Geysen-Holley, Max	13	Bridgend Cty	4:51.70
	32.52	36.65	36.92 37.70
	37.55	37.98	37.19 35.19
7 Coulson, Evan	13	Torfaen D	5:07.14
	34.64	38.48	39.20 39.57
	39.36	39.39	39.30 37.20
8 Davies, Gruffydd	13	Co Cardiff	5:09.45
	34.78	38.79	39.65 39.60
	39.62	38.79	39.57 38.65
9 Isaacs, Tomos	13	Rct Squad	5:15.06
	35.97	39.46	40.10 39.43
	40.18	40.70	40.95 38.27
10 Davies, Gianni	13	Co Newport	5:20.20
	33.16	39.41	41.92 41.13
	41.10	41.21	43.23 39.04
11 Rosser, Dewi	13	Torfaen D	5:22.83
	35.42	40.42	40.36 41.04
	41.72	42.12	41.48 40.27
12 Newton, Oscar	13	Torfaen D	5:37.59
	37.10	42.88	44.03 43.73
	43.20	43.67	42.99 39.99

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Event 62 Girls 12 Year Olds 200 SC Meter Butterfly

Championship: 2:36.75 R 02/02/2016 Lauren Colley

Name	Age	Team	Finals Time
1 Adams, Jaimee	12	Co Cardiff	3:02.57
	41.42	46.60	48.57 45.98

Event 62 Girls 13 Year Olds 200 SC Meter Butterfly

Championship: 2:25.87 R 07/02/2017 Becci De Torres

Name	Age	Team	Finals Time
1 Stephens, Arwen	13	Co Cardiff	2:34.13
	34.96	39.70	40.57 38.90
2 Stevens, Isobel	13	Co Newport	2:45.08
	35.68	42.09	44.03 43.28

Event 63 Boys 11-12 200 SC Meter Freestyle Relay

Championship: 2:06.36 R 07/02/2017 City of Cardiff Swimming Club

S Price, R Arch, C Hughes, J O'Brien

Team	Relay	Finals Time
1 Co Cardiff	A	2:06.79
	1) Parsons, Joseph 11	2) Jones, Carwyn 12
	3) Barnett, Jacob 12	4) Wardhaugh, Bryn 12
	32.59	28.52
	33.16	32.52
2 Rhondda	A	2:17.94
	1) Jones, Tyler 12	2) Nash, Charlie 12
	3) Lee, Tristan 12	4) Lee, Ethan 12
	36.09	37.08
	32.69	32.08
3 Co Cardiff	B	2:21.50
	1) Evans, Emrys 12	2) Sheppard, Rhydian 11
	3) Rescigno, Alberto 11	4) Stevens, Henry 11
	35.23	34.70
	34.95	36.62

Event 64 Girls 11-12 200 SC Meter Freestyle Relay

Championship: 2:04.65 R 07/02/2017 City of Cardiff Swimming Club

I Joseph, I Fox, C Graville, A Stephens

Team	Relay	Finals Time
1 Co Cardiff	A	2:06.26
	1) Millar, Connie 11	2) Fox, Honor 11
	3) Velasco, Mikayla 12	4) Williams-Jones, Phoebe 12
	31.90	32.01
	30.60	31.75
2 Rct Squad	A	2:11.68
	1) Badman, Phoebe 12	2) Davies, Cerys 12
	3) Salmon, Gwen 11	4) Davies, Ffion 12
	34.62	33.12
	32.75	31.19
3 Co Cardiff	B	2:13.58
	1) Phillips, Ruby 11	2) Blake, Ffion 12
	3) Williams, Lily 12	4) Johnsey, Lily 12
	36.40	32.22
	33.03	31.93
4 Heads Valley	A	2:20.54
	1) Woods, Ella-Rae 12	2) Brasington, Lucy 12
	3) Bound, Caitlin 12	4) Jones, Ellie 12
	35.01	34.72
	35.52	35.29
5 Caerphilly	A	2:22.60
	1) Wilkes-Hibbert, Amelia 12	2) Ward, Poppy 11
	3) Barr, Angharad 11	4) Enoch, Megan-Jane 11
	35.03	36.14
	35.63	35.80
6 Rct Squad	B	2:23.19
	1) Coombes, Emmie 12	2) Williams, Mali 12
	3) Davis, Freya 11	4) White, Seren 12
	35.84	36.02
	36.52	34.81

Event 65 Boys 11-14 200 SC Meter Freestyle Relay

Championship: 1:55.35 R 07/02/2017 City of Cardiff Swimming Club

A Murray, R Cook-Jones, D Pietruszka, C Wardhaugh

Team	Relay	Finals Time
1 Co Cardiff	A	1:53.88R
	1) Jones, Carwyn 12	2) Hughes, Cian 13
	3) O'Brien, Joshua 13	4) McCarthy, Samuel 13
	28.52	28.34
	28.58	28.44
2 Co Cardiff	B	1:56.60
	1) Tong, Solomon 14	2) Wardhaugh, Cai 14
	3) Price, Samuel 13	4) Arch, Rhydian 13
	28.04	29.25
	29.35	29.96
3 Rct Squad	A	2:07.81
	1) Clement, Logan 14	2) Isaacs, Tomos 13
	3) John, Finlay 12	4) Fowler, Joseph 12
	30.31	32.28
	34.09	31.13
4 Rhondda	A	2:08.18
	1) Jones, Jacob 14	2) Rees, Garryn 13
	3) Norton, Caleb 11	4) Jones, Calum 13
	29.55	30.52
	36.83	31.28
5 Heads Valley	A	2:11.59
	1) Havard, Dylan 14	2) Johnson, Freddie 13
	3) Ingram, James 13	4) Kinsey, Ioan 14
	32.64	32.68
	32.78	33.49

Event 66 Girls 11-14 200 SC Meter Freestyle Relay

Championship: 1:53.18 R 07/02/2017 City of Cardiff Swimming Club

Shelton, Cottrell, Withers-Boalch, De Torres

Team	Relay	Finals Time
1 Co Cardiff	A	1:54.89
	1) Domican, Rosie 14	2) Joseph, Isabel 13
	3) Graville, Carys 13	4) Fox, Imo 13
	28.98	28.78
	28.51	28.62
2 Co Cardiff	B	1:57.98
	1) Stephens, Arwen 13	2) Girling, Grace 14
	3) Donovan, Kelsey 13	4) O'Callaghan, Jennifer 14
	29.66	29.21
	29.96	29.15
3 Rct Squad	A	1:58.22
	1) Marchant, Rhiannon 14	2) Bond, Sasha 14
	3) Thomas, Ashley 14	4) Corderoy, Abigail 14
	29.06	29.88
	30.33	28.95
4 Rct Squad	B	2:06.53
	1) Thomas, Nell 14	2) Jones, Cerys 13
	3) Parry, Jessica 14	4) Minas, Ella 14
	31.05	31.71
	32.75	31.02
5 Heads Valley	A	2:07.43
	1) Brasington, Isabel 14	2) Price, Summer 13
	3) Reynolds, Mia 13	4) Lovell, Madison 14
	32.58	31.24
	34.97	28.64
6 Caerphilly	A	2:12.93
	1) Fernandez-John, Sofia 14	2) Keigwin, Daisy 13
	3) Sargent, Elana 13	4) Marshall, Polly 13
	32.64	34.22
	34.57	31.50
7 Rhondda	A	2:19.71
	1) Beach, Dion 12	2) Palmer, Meghan 14
	3) Williams, Ellise 11	4) Wood-Jones, Seren 13
	36.01	31.38
	38.51	33.81

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Event 67 Boys 11 & Over 200 SC Meter Freestyle Relay

Championship: 1:48.63 R 07/02/2017 Rhondda Swimming Club

B Rees, F Jones, K Napper, L Jones

Team	Relay	Finals Time
1 Co Cardiff	A	1:37.18R
1) Clarke, Kameron 16	2) James, Rhys 18	
3) Lewis, James 20	4) Davies, Daniel 20	
24.70 24.45	23.96 24.07	
2 Co Cardiff	B	1:41.70R
1) Cook, Jacob 18	2) Chooyin, Benjamin 16	
3) Savva, Theo 16	4) Murray, Adam 15	
25.81 25.25	25.07 25.57	
3 Rct Squad	A	1:45.47R
1) Garland, Kieran 16	2) Thomas, Lewis 18	
3) Salmon, Carwyn 15	4) John, Lewys 18	
26.08 26.94	26.51 25.94	
4 Rhondda	A	1:50.54
1) Rees, Brandon 17	2) Jones, Finlay 16	
3) Williams, Thomas 15	4) Napper, Keenan 19	
26.71 27.54	29.37 26.92	
5 Chepstow	A	1:51.16
1) Hall, Dan 16	2) Andrews, Oliver 16	
3) Roland, Julian 17	4) Miles, Will 18	
27.71 29.19	28.05 26.21	
6 Rct Squad	B	1:51.48
1) Selby, Morgan 15	2) Cousins, Jacob 16	
3) Collins, Tyler 15	4) Pryse, Elis 18	
28.02 27.82	28.23 27.41	

Event 68 Girls 11 & Over 200 SC Meter Freestyle Relay

Championship: 1:51.52 R 07/02/2017 City of Cardiff Swimming Club

C Murray, M Edwards, A Owen, A Beynon

Team	Relay	Finals Time
1 Co Cardiff	A	1:50.93R
1) Beynon, Annaliese 18	2) Rutter, Jessica 16	
3) Witchell, Bethan 15	4) Rees, Katie 20	
26.94 27.98	28.38 27.63	
2 Co Cardiff	B	1:54.16
1) Beynon, Bethan 15	2) Withers-Boalch, Georgina 15	
3) Arch, Mared 16	4) Cottrell, Emma 15	
28.59 28.91	28.81 27.85	
3 Rct Squad	A	1:55.36
1) Sutton, Emma 19	2) Morgan, Sophie 16	
3) Evans, Penny 15	4) Randell, Niamh 17	
27.82 29.28	29.28 28.98	
4 Heads Valley	A	1:57.23
1) Collingbourne, Sioned 18	2) Thomas, Niamh 17	
3) Havard, Carys 15	4) Watson, Freya 17	
29.53 29.43	30.36 27.91	
5 Caerphilly	A	2:02.11
1) Legg, Abbie 16	2) Davies, Gwenllian 15	
3) Legg, Caitlin 13	4) Norris, Alyssa 15	
30.04 30.48	32.15 29.44	
6 Rhondda	A	2:12.42
1) Napper, Kaycee 15	2) Meredith, Morgan 16	
3) Wood-Jones, Seren 13	4) Palmer, Meghan 14	
32.35 32.23	33.36 34.48	

Event 69 Boys 11-12 200 SC Meter Medley Relay

Championship: 2:26.37 R 07/02/2017 City of Cardiff Swimming Club

C Hughes, R Arch, S Price, J O'Brien

Team	Relay	Finals Time
1 Co Cardiff	A	2:29.08
1) Parsons, Joseph 11	2) Jones, Carwyn 12	
3) Barnett, Jacob 12	4) Wardhaugh, Bryn 12	
37.29 38.09	39.84 33.86	
2 Rhondda	A	2:38.86
1) Jones, Tyler 12	2) Lee, Tristan 12	
3) Lee, Ethan 12	4) Nash, Charlie 12	
43.99 41.50	36.05 37.32	
3 Co Cardiff	B	2:54.68
1) Stevens, Henry 11	2) Evans, Emrys 12	
3) Sheppard, Rhydian 11	4) Rescigno, Alberto 11	
43.93 51.64	43.48 35.63	

Event 70 Girls 11-12 200 SC Meter Medley Relay

Championship: 2:23.64 R 07/02/2017 City of Cardiff Swimming Club

I Fox, A Stephens, I Joseph, C Graville

Team	Relay	Finals Time
1 Co Cardiff	A	2:22.19R
1) Fox, Honor 11	2) Brassington, Sophie 12	
3) Williams-Jones, Phoebe 12	4) Millar, Connie 11	
35.87 38.49	35.52 32.31	
2 Rct Squad	A	2:30.44
1) Davies, Cerys 12	2) Salmon, Gwen 11	
3) Coombes, Emmie 12	4) Davies, Ffion 12	
37.63 42.48	38.85 31.48	
3 Co Cardiff	B	2:31.22
1) Blake, Ffion 12	2) Johnsey, Lily 12	
3) Velasco, Mikayla 12	4) Phillips, Ruby 11	
38.69 41.66	35.04 35.83	
4 Rct Squad	B	2:39.57
1) Williams, Mali 12	2) Davis, Freya 11	
3) Badman, Phoebe 12	4) White, Seren 12	
41.46 45.05	38.00 35.06	
5 Heads Valley	A	2:43.31
1) Briggs, Bailey 11	2) Bound, Caitlin 12	
3) Brasington, Lucy 12	4) Woods, Ella-Rae 12	
43.48 46.25	37.78 35.80	
6 Caerphilly	A	2:49.81
1) Ward, Poppy 11	2) Wilkes-Hibbert, Amelia 12	
3) Enoch, Megan-Jane 11	4) Barr, Angharad 11	
44.53 48.35	40.97 35.96	

Event 71 Boys 11-14 200 SC Meter Medley Relay

Championship: 2:08.00 R 07/02/2017 City of Cardiff Swimming Club

A Murray, D Pietruszka, C Wardhaugh, R Cook-Jones

Team	Relay	Finals Time
1 Co Cardiff	A	2:11.95
1) Edwards, Kaden 14	2) Arch, Rhydian 13	
3) Wardhaugh, Cai 14	4) McCarthy, Samuel 13	
32.79 38.05	31.69 29.42	
2 Co Cardiff	B	2:14.61
1) Hughes, Cian 13	2) O'Brien, Joshua 13	
3) Price, Samuel 13	4) Tong, Solomon 14	
33.71 40.69	32.58 27.63	

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(Event 71 Boys 11-14 200 SC Meter Medley Relay)

Team	Relay	Finals Time
3 Rct Squad	A	2:22.80
1) Isaacs, Tomos 13	2) Clement, Logan 14	
3) Fowler, Joseph 12	4) John, Finlay 12	
37.02 37.09	34.52 34.17	
4 Heads Valley	A	2:34.03
1) Ingram, James 13	2) Pursey, Michael 13	
3) Havard, Dylan 14	4) Johnson, Freddie 13	
39.03 42.02	39.56 33.42	
5 Rhondda	A	2:40.51
1) Jones, Calum 13	2) Norton, Caleb 11	
3) Jones, Jacob 14	4) Rees, Garyn 13	
40.26 55.98	33.60 30.67	

Event 72 Girls 11-14 200 SC Meter Medley Relay

Championship: 2:08.92 R 07/02/2017 City of Cardiff Swimming Club

G Withers-Boalch, B Beynon, A Shelton, R De Torres

Team	Relay	Finals Time
1 Co Cardiff	A	2:10.17
1) Joseph, Isabel 13	2) O'Callaghan, Jennifer 14	
3) Stephens, Arwen 13	4) Graville, Carys 13	
33.53 36.01	31.48 29.15	
2 Co Cardiff	B	2:14.45
1) Girling, Grace 14	2) Fox, Imo 13	
3) Donovan, Kelsey 13	4) Domican, Rosie 14	
33.06 38.25	34.08 29.06	
3 Rct Squad	A	2:17.96
1) Marchant, Rhiannon 14	2) Minas, Ella 14	
3) Corderoy, Abigail 14	4) Bond, Sasha 14	
33.18 40.08	34.84 29.86	
4 Rct Squad	B	2:20.72
1) Thomas, Ashley 14	2) Thomas, Nell 14	
3) Parry, Jessica 14	4) Jones, Cerys 13	
34.43 40.07	34.48 31.74	
5 Heads Valley	A	2:22.45
1) Brasington, Isabel 14	2) Reynolds, Mia 13	
3) Lovell, Madison 14	4) Price, Summer 13	
36.36 43.26	31.13 31.70	
6 Caerphilly	A	2:33.69
1) Keigwin, Daisy 13	2) Cribb, Millie 13	
3) Marshall, Polly 13	4) Fernandez-John, Sofia 14	
39.19 45.57	36.10 32.83	
7 Rhondda	A	2:47.43
1) Beach, Dion 12	2) Wood-Jones, Seren 13	
3) Palmer, Meghan 14	4) Williams, Ellise 11	
43.10 44.21	40.92 39.20	

Event 73 Boys 11 & Over 200 SC Meter Medley Relay

Championship: 2:02.05 R 07/02/2017 R.C.T. Performance Swim Squad

L Thomas, E Brown, C Jenkins, L John

Team	Relay	Finals Time
1 Co Cardiff	A	1:48.32R
1) James, Rhys 18	2) Lewis, James 20	
3) Clarke, Kameron 16	4) Davies, Daniel 20	
27.79 28.84	27.69 24.00	
2 Co Cardiff	B	1:53.31R
1) Murray, Adam 15	2) Cook, Jacob 18	
3) Chooyin, Benjamin 16	4) Savva, Theo 16	
29.64 31.75	26.84 25.08	

3 Rct Squad	A	1:59.77R
1) Thomas, Lewis 18	2) John, Lewys 18	
3) Garland, Kieran 16	4) Salmon, Carwyn 15	
32.15 32.93	28.27 26.42	
4 Rct Squad	B	2:06.48
1) Collins, Tyler 15	2) Selby, Morgan 15	
3) Cousins, Jacob 16	4) Pryse, Elis 18	
31.95 37.63	29.35 27.55	
5 Rhondda	A	2:06.74
1) Rees, Brandon 17	2) Napper, Keenan 19	
3) Wood-Jones, Jac 15	4) Jones, Finlay 16	
32.87 35.53	30.47 27.87	
6 Chepstow	A	2:07.71
1) Hall, Dan 16	2) Miles, Will 18	
3) Roland, Julian 17	4) Andrews, Oliver 16	
30.89 35.63	31.70 29.49	

Event 74 Girls 11 & Over 200 SC Meter Medley Relay

Championship: 2:07.07 R 07/02/2017 City of Cardiff Swimming Club

A Beynon, A Owen, C Morris, C Murray

Team	Relay	Finals Time
1 Co Cardiff	A	2:02.55R
1) Cottrell, Emma 15	2) Rees, Katie 20	
3) Beynon, Annaliese 18	4) Rutter, Jessica 16	
31.80 33.62	29.42 27.71	
2 Rct Squad	A	2:04.22R
1) Sutton, Emma 19	2) Evans, Penny 15	
3) Randell, Niamh 17	4) Morgan, Sophie 16	
30.01 34.86	30.19 29.16	
3 Co Cardiff	B	2:08.20
1) Withers-Boalch, Georgina 15	2) Beynon, Bethan 15	
3) Arch, Mared 16	4) Witchell, Bethan 15	
32.61 35.08	31.78 28.73	
4 Heads Valley	A	2:10.96
1) Havard, Carys 15	2) Thomas, Niamh 17	
3) Watson, Freya 17	4) Collingbourne, Sioned 18	
35.46 36.65	29.90 28.95	
5 Caerphilly	A	2:19.59
1) Legg, Abbie 16	2) Legg, Caitlin 13	
3) Norris, Alyssa 15	4) Davies, Gwenllian 15	
33.01 43.29	32.88 30.41	
6 Rhondda	A	2:30.38
1) Napper, Kaycee 15	2) Palmer, Meghan 14	
3) Meredith, Morgan 16	4) Wood-Jones, Seren 13	
36.80 41.52	37.75 34.31	

Event 75 Mixed 11-12 200 SC Meter Freestyle Relay

Championship: 2:21.05 R 07/02/2017 Heads of the Valley

J Fowler, J Ingram, R Ramsey, B Merriman

Team	Relay	Finals Time
1 Rhondda	A	2:34.35
1) Lee, Tristan M12	2) Williams, Ellise W11	
3) Beach, Dion W12	4) Lee, Ethan M12	
36.15 40.48	39.13 38.59	

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Event 76 Mixed 11-14 200 SC Meter Freestyle Relay

Championship: 2:05.50 R 07/02/2017 Heads of the Valley

R Rowe, D Havard, B Merriman, M Lovell

Team	Relay	Finals Time
1 Heads Valley	A	2:05.11R
1) Havard, Dylan M14	2) Brasington, Isabel W14	
3) Johnson, Freddie M13	4) Lovell, Madison W14	
32.26 32.20	32.58 28.07	
2 Rhondda	A	2:05.18R
1) Wood-Jones, Seren W13	2) Palmer, Meghan W14	
3) Rees, Garyn M13	4) Jones, Jacob M14	
32.50 32.73	30.48 29.47	

2 Caerphilly	A	2:15.65
1) Legg, Abbie W16	2) Fernandez-John, Jac M16	
3) Norris, Alyssa W15	4) Roberts, Ben M15	
33.35 36.82	34.34 31.14	

Event 77 Mixed 11 & Over 200 SC Meter Freestyle Relay

Championship: 1:52.13 R 07/02/2017 Heads of the Valley

Hunt-cosh, Collingbourne, Savage- Taylor, Watson

Team	Relay	Finals Time
1 Caerphilly	A	1:59.14
1) Legg, Abbie W16	2) Roberts, Ben M15	
3) Fernandez-John, Jac M16	4) Norris, Alyssa W15	
30.26 30.43	29.25 29.20	
2 Rhondda	A	1:59.72
1) Napper, Keenan M19	2) Rees, Brandon M17	
3) Napper, Kaycee W15	4) Meredith, Morgan W16	
28.85 27.02	32.13 31.72	

Event 78 Mixed 11-12 200 SC Meter Medley Relay

Championship: 2:44.27 R 07/02/2017 Heads of the Valley

J Fowler, M Reynolds, B Merriman, J Ingram

Team	Relay	Finals Time
1 Rhondda	A	2:50.42
1) Lee, Tristan M12	2) Beach, Dion W12	
3) Lee, Ethan M12	4) Williams, Ellise W11	
39.87 49.54	40.30 40.71	

Event 79 Mixed 11-14 200 SC Meter Medley Relay

Championship: 2:21.99 R 07/02/2017 Heads of the Valley

B Merriman, M Palin, R Rowe, D Havard

Team	Relay	Finals Time
1 Heads Valley	A	2:23.73
1) Brasington, Isabel W14	2) Pursey, Michael M13	
3) Havard, Dylan M14	4) Lovell, Madison W14	
36.55 41.73	36.93 28.52	
2 Rhondda	A	2:26.19
1) Wood-Jones, Seren W13	2) Palmer, Meghan W14	
3) Jones, Jacob M14	4) Rees, Garyn M13	
39.38 41.19	34.30 31.32	

Event 80 Mixed 11 & Over 200 SC Meter Medley Relay

Championship: 2:03.83 R 07/02/2017 Heads of the Valley

Savage- Taylor, Hunt-cosh, Watson, Collingbourne

Team	Relay	Finals Time
1 Rhondda	A	2:13.94
1) Rees, Brandon M17	2) Napper, Keenan M19	
3) Napper, Kaycee W15	4) Meredith, Morgan W16	
32.51 35.08	34.86 31.49	