

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 1 Friday 2 February 2018 Warm up 5.30pm Start 6.00pm

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 11 & Over 1500 Freestyle	28	4	06:00 PM	_____
Finals	2 Girls 11 & Over 800 Freestyle	48	6	07:27 PM	_____
	Swimmers Counts for Warm-ups: 76	=====	=====		
	Entry / Heat Totals:	76	10		
	Finish Time			08:38 PM	_____

Session: 2 Saturday 3 February 2018 Warm up 8.30am Start 9.35am

Day of Meet: 2 Starts at 09:35 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	3 Girls 14 & Over 50 Backstroke	70	9	09:35 AM	_____
Prelims	4 Boys 11-13 50 Butterfly	34	5	09:49 AM	_____
Prelims	5 Boys 14 & Over 100 Backstroke	36	5	09:56 AM	_____
Finals	6 Girls 14 & Over 400 IM	18	3	10:07 AM	_____
Finals	7 Boys 11-13 400 IM	10	2	10:27 AM	_____
Finals	8 Girls 11-13 200 Freestyle	73	10	10:42 AM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 221	=====	=====		
	Entry / Heat Totals:	241	34		
	Finish Time			11:26 AM	_____

Session: 2A .

Day of Meet: 2 Starts at 11:28 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 14 & Over 50 Backstroke	24	3 u	11:28 AM	_____
Finals	4 Boys 11-13 50 Butterfly	24	3 u	11:33 AM	_____
Finals	5 Boys 14 & Over 100 Backstroke	24	3 u	11:37 AM	_____
	Swimmers Counts for Warm-ups: 72	=====	=====		
	Entry / Heat Totals:	72	9		
	Finish Time			11:43 AM	_____

Session: 3 Saturday 3 February 2018 Warm up 12.00pm Start 1.00pm

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	9 Girls 11-13 50 Butterfly	62	8	01:00 PM	_____
Prelims	10 Boys 11-13 100 Freestyle	47	6	01:11 PM	_____
Prelims	11 Girls 14 & Over 100 Butterfly	50	7	01:23 PM	_____
Finals	12 Girls 11-13 400 IM	16	2	01:37 PM	_____
Finals	13 Boys 14 & Over 200 Breaststroke	16	2	01:52 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 178	=====	=====		
	Entry / Heat Totals:	191	25		
	Finish Time			02:09 PM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 3A .

Day of Meet: 2 Starts at 02:10 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 11-13 50 Butterfly	24	3 u	02:10 PM	_____
Finals	10 Boys 11-13 100 Freestyle	24	3 u	02:14 PM	_____
Finals	11 Girls 14 & Over 100 Butterfly	24	3 u	02:20 PM	_____
	Swimmers Counts for Warm-ups: 72	=====	=====		
	Entry / Heat Totals:	72	9		
	Finish Time			02:25 PM	_____

Session: 4 Saturday 3 February 2018 Warm up 2.40pm Start 3.40pm

Day of Meet: 2 Starts at 03:40 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	14 Boys 14 & Over 50 Butterfly	56	7	03:40 PM	_____
Prelims	15 Girls 11-13 100 Breaststroke	54	7	03:49 PM	_____
Finals	16 Boys 11-13 200 Backstroke	24	3	04:06 PM	_____
Finals	17 Boys 14 & Over 400 Freestyle	39	5	04:17 PM	_____
Finals	18 Girls 14 & Over 200 Freestyle	86	11	04:46 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 235	=====	=====		
	Entry / Heat Totals:	259	33		
	Finish Time			05:30 PM	_____

Session: 4A .

Day of Meet: 2 Starts at 05:31 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	14 Boys 14 & Over 50 Butterfly	24	3 u	05:31 PM	_____
Finals	15 Girls 11-13 100 Breaststroke	24	3 u	05:35 PM	_____
	Swimmers Counts for Warm-ups: 48	=====	=====		
	Entry / Heat Totals:	48	6		
	Finish Time			05:41 PM	_____

Session: 5 Sunday 4 February 2018 Warm up 8.30am Start 9.35am

Day of Meet: 3 Starts at 09:35 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	19 Girls 11-13 50 Freestyle	98	13	09:35 AM	_____
Prelims	20 Boys 11-13 100 Breaststroke	27	4	09:52 AM	_____
Prelims	21 Girls 14 & Over 100 Freestyle	115	15	10:01 AM	_____
Finals	22 Girls 11-13 200 IM	71	9	10:29 AM	_____
Finals	23 Boys 14 & Over 200 Backstroke	23	3	11:03 AM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 274	=====	=====		
	Entry / Heat Totals:	334	44		
	Finish Time			11:24 AM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 5A .

Day of Meet: 3 Starts at 11:25 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	19 Girls 11-13 50 Freestyle	24	3 u	11:25 AM	_____
Finals	20 Boys 11-13 100 Breaststroke	24	3 u	11:29 AM	_____
Finals	21 Girls 14 & Over 100 Freestyle	24	3 u	11:36 AM	_____
	Swimmers Counts for Warm-ups: 72	=====	=====		
	Entry / Heat Totals:	72	9		
	Finish Time			11:41 AM	_____

Session: 6 Sunday 4 February 2018 Warm up 11.55am Start 12.55pm

Day of Meet: 3 Starts at 12:55 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	24 Boys 11-13 50 Backstroke	39	5	12:55 PM	_____
Prelims	25 Girls 11-13 100 Butterfly	22	3	01:04 PM	_____
Prelims	26 Boys 14 & Over 100 Breaststroke	28	4	01:10 PM	_____
Finals	27 Boys 11-13 200 IM	34	5	01:18 PM	_____
Finals	28 Girls 14 & Over 200 Backstroke	63	8	01:38 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 158	=====	=====		
	Entry / Heat Totals:	186	25		
	Finish Time			02:17 PM	_____

Session: 6A .

Day of Meet: 3 Starts at 02:18 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	24 Boys 11-13 50 Backstroke	24	3 u	02:18 PM	_____
Finals	25 Girls 11-13 100 Butterfly	22	3 u	02:23 PM	_____
Finals	26 Boys 14 & Over 100 Breaststroke	24	3 u	02:29 PM	_____
	Swimmers Counts for Warm-ups: 70	=====	=====		
	Entry / Heat Totals:	70	9		
	Finish Time			02:35 PM	_____

Session: 7 Sunday 4 February 2018 Warm up 2.50pm Start 3.50pm

Day of Meet: 3 Starts at 03:50 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	29 Boys 14 & Over 50 Freestyle	67	9	03:50 PM	_____
Prelims	30 Girls 14 & Over 50 Breaststroke	63	8	04:01 PM	_____
Finals	31 Boys 11-13 200 Freestyle	38	5	04:12 PM	_____
Finals	32 Boys 14 & Over 200 Butterfly	12	2	04:29 PM	_____
Finals	33 Girls 14 & Over 200 Butterfly	19	3	04:36 PM	_____
Finals	34 Girls 11-13 200 Backstroke	35	5	04:46 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 221	=====	=====		
	Entry / Heat Totals:	234	32		
	Finish Time			05:17 PM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 7A .

Day of Meet: 3 Starts at 05:17 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Boys 14 & Over 50 Freestyle	24	3 u	05:17 PM	_____
Finals	30 Girls 14 & Over 50 Breaststroke	24	3 u	05:21 PM	_____
	Swimmers Counts for Warm-ups: 48	=====	=====		
	Entry / Heat Totals:	48	6		
	Finish Time			05:25 PM	_____

Session: 8 Saturday 10 February 2018 Warm up 8.30am Start 9.35am

Day of Meet: 4 Starts at 09:35 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	35 Girls 11-13 50 Breaststroke	61	8	09:35 AM	_____
Prelims	36 Girls 14 & Over 100 Backstroke	79	10	09:47 AM	_____
Prelims	37 Boys 14 & Over 100 Butterfly	38	5	10:09 AM	_____
Finals	38 Girls 11-13 400 Freestyle	45	6	10:18 AM	_____
Finals	39 Boys 11-13 200 Breaststroke	22	3	10:57 AM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 222	=====	=====		
	Entry / Heat Totals:	245	32		
	Finish Time			11:20 AM	_____

Session: 8A .

Day of Meet: 4 Starts at 11:21 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	35 Girls 11-13 50 Breaststroke	24	3 u	11:21 AM	_____
Finals	36 Girls 14 & Over 100 Backstroke	24	3 u	11:26 AM	_____
Finals	37 Boys 14 & Over 100 Butterfly	24	3 u	11:32 AM	_____
	Swimmers Counts for Warm-ups: 72	=====	=====		
	Entry / Heat Totals:	72	9		
	Finish Time			11:37 AM	_____

Session: 9 Saturday 10 February 2018 Warm up 11.55am Start 12.55pm

Day of Meet: 4 Starts at 12:55 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	40 Girls 14 & Over 50 Freestyle	114	15	12:55 PM	_____
Prelims	41 Boys 14 & Over 50 Breaststroke	30	4	01:14 PM	_____
Prelims	42 Boys 11-13 100 Backstroke	35	5	01:19 PM	_____
Finals	43 Girls 14 & Over 200 IM	90	12	01:31 PM	_____
Finals	44 Boys 14 & Over 200 IM	45	6	02:13 PM	_____
Finals	45 Girls 11-13 200 Breaststroke	38	5	02:33 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 257	=====	=====		
	Entry / Heat Totals:	352	47		
	Finish Time			03:04 PM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 9A .

Day of Meet: 4 Starts at 03:05 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	40 Girls 14 & Over 50 Freestyle	24	3 u	03:05 PM	_____
Finals	41 Boys 14 & Over 50 Breaststroke	24	3 u	03:09 PM	_____
Finals	42 Boys 11-13 100 Backstroke	24	3 u	03:13 PM	_____
	Swimmers Counts for Warm-ups: 72	=====	=====		
	Entry / Heat Totals:	72	9		
	Finish Time			03:20 PM	_____

Session: 10 Saturday 10 February 2018 Warm up 3.35pm Start 4.35pm

Day of Meet: 4 Starts at 04:35 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	46 Boys 11-13 50 Freestyle	60	8	04:35 PM	_____
Prelims	47 Girls 11-13 100 Backstroke	64	8	04:46 PM	_____
Finals	48 Boys 14 & Over 200 Freestyle	50	7	05:05 PM	_____
Finals	49 Boys 11-13 200 Butterfly	4	1	05:26 PM	_____
Finals	50 Girls 14 & Over 200 Breaststroke	38	5	05:30 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 213	=====	=====		
	Entry / Heat Totals:	216	29		
	Finish Time			05:59 PM	_____

Session: 10A .

Day of Meet: 4 Starts at 06:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	46 Boys 11-13 50 Freestyle	24	3 u	06:00 PM	_____
Finals	47 Girls 11-13 100 Backstroke	24	3 u	06:04 PM	_____
	Swimmers Counts for Warm-ups: 48	=====	=====		
	Entry / Heat Totals:	48	6		
	Finish Time			06:11 PM	_____

Session: 11 Sunday 11 February 2018 Warm up 8.30am Start 9.35am

Day of Meet: 5 Starts at 09:35 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	51 Boys 14 & Over 50 Backstroke	41	6	09:35 AM	_____
Prelims	52 Girls 14 & Over 50 Butterfly	74	10	09:45 AM	_____
Prelims	53 Boys 11-13 100 Butterfly	21	3	09:57 AM	_____
Finals	54 Boys 14 & Over 400 IM	12	2	10:04 AM	_____
Finals	55 Girls 14 & Over 400 Freestyle	63	8	10:17 AM	_____
Prelims	56 Girls 11-13 100 Freestyle	92	12	11:03 AM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 261	=====	=====		
	Entry / Heat Totals:	303	41		
	Finish Time			11:36 AM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 11A .

Day of Meet: 5 Starts at 11:37 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	51 Boys 14 & Over 50 Backstroke	24	3 u	11:37 AM	_____
Finals	52 Girls 14 & Over 50 Butterfly	24	3 u	11:42 AM	_____
Finals	53 Boys 11-13 100 Butterfly	21	3 u	11:45 AM	_____
Finals	56 Girls 11-13 100 Freestyle	24	3 u	11:51 AM	_____
	Swimmers Counts for Warm-ups: 93	=====	=====		
	Entry / Heat Totals:	93	12		
	Finish Time			11:57 AM	_____

Session: 12 Sunday 11 February 2018 Warm up 12.15pm Start 1.15pm

Day of Meet: 5 Starts at 01:15 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	57 Boys 11-13 50 Breaststroke	40	5	01:15 PM	_____
Prelims	58 Girls 11-13 50 Backstroke	75	10	01:23 PM	_____
Prelims	59 Boys 14 & Over 100 Freestyle	76	10	01:39 PM	_____
Prelims	60 Girls 14 & Over 100 Breaststroke	54	7	01:56 PM	_____
Finals	61 Boys 11-13 400 Freestyle	28	4	02:11 PM	_____
Finals	62 Girls 11-13 200 Butterfly	7	1	02:37 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 258	=====	=====		
	Entry / Heat Totals:	280	37		
	Finish Time			02:51 PM	_____

Session: 12A .

Day of Meet: 5 Starts at 02:52 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	57 Boys 11-13 50 Breaststroke	24	3 u	02:52 PM	_____
Finals	58 Girls 11-13 50 Backstroke	24	3 u	02:57 PM	_____
Finals	59 Boys 14 & Over 100 Freestyle	24	3 u	03:01 PM	_____
Finals	60 Girls 14 & Over 100 Breaststroke	24	3 u	03:06 PM	_____
	Swimmers Counts for Warm-ups: 96	=====	=====		
	Entry / Heat Totals:	96	12		
	Finish Time			03:12 PM	_____

South East Wales Regional Championships - 02/02/2018 to 11/02/2018**Session Report**

Session: 13 Sunday 11 February 2018 Warm up 3.25pm Start 4.25pm

Day of Meet: 5 Starts at 04:25 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	63 Boys 11-12 200 Freestyle Relay	3	1	04:25 PM	_____
Finals	64 Girls 11-12 200 Freestyle Relay	6	1	04:29 PM	_____
Finals	65 Boys 11-14 200 Freestyle Relay	5	1	04:33 PM	_____
Finals	66 Girls 11-14 200 Freestyle Relay	7	1	04:37 PM	_____
Finals	67 Boys 11 & Over 200 Freestyle Relay	6	1	04:41 PM	_____
Finals	68 Girls 11 & Over 200 Freestyle Relay	6	1	04:44 PM	_____
Finals	69 Boys 11-12 200 Medley Relay	3	1	04:48 PM	_____
Finals	70 Girls 11-12 200 Medley Relay	6	1	04:53 PM	_____
Finals	71 Boys 11-14 200 Medley Relay	5	1	04:57 PM	_____
Finals	72 Girls 11-14 200 Medley Relay	7	1	05:01 PM	_____
Finals	73 Boys 11 & Over 200 Medley Relay	6	1	05:06 PM	_____
Finals	74 Girls 11 & Over 200 Medley Relay	6	1	05:10 PM	_____
Finals	75 Mixed 11-12 200 Freestyle Relay	4	1	05:13 PM	_____
Finals	76 Mixed 11-14 200 Freestyle Relay	4	1	05:17 PM	_____
Finals	77 Mixed 11 & Over 200 Freestyle Relay	4	1	05:21 PM	_____
Finals	78 Mixed 11-12 200 Medley Relay	4	1	05:24 PM	_____
Finals	79 Mixed 11-14 200 Medley Relay	4	1	05:29 PM	_____
Finals	80 Mixed 11 & Over 200 Medley Relay	4	1	05:33 PM	_____
	Entry / Heat Totals:	90	18		
	Finish Time			05:37 PM	_____